

OPEN HANDS **BLESSED** HEART



Open Hands, Submitted Hearts

Week 1



LASLOMASCC.COM

29 Willow Rd. Royal Oaks, CA 95076

This week's message reminded us that overcoming begins with surrender. God blesses submitted hearts that trust Him fully, release control, and faithfully steward what He has already entrusted to them.

Discussion Questions

1. Submission Begins When We Release Ownership

- What am I treating as mine that God is asking me to steward instead?
- How would my stress level change if I truly believed this belongs to God?
- Where has ownership created pressure instead of peace in my life?

2. A Submitted Heart Breaks the Power of Control

- What outcome am I trying to protect rather than trust God with?
- In what area is obedience costly for me right now?
- What fear surfaces when I think about fully surrendering control?

3. Submitted Hearts Invite God's Direction and Peace

- Where might God be asking me to wait instead of forcing progress?
- What would faithfulness look like if no one noticed or affirmed it?
- How could trusting God's timing bring peace to my current season?

Living It Out

Take time this week to listen for the Holy Spirit's guidance and respond through faithful obedience.

- **Reflection:** What specific area of your life did the Holy Spirit highlight during the message where your hands may be clenched instead of open?
- **Listening:** As you prayed or reflected this week, what did the Holy Spirit reveal about control, surrender, or trust in your life?
- **Obedience:** What is one clear step of obedience the Holy Spirit is asking you to take this week to live with more open hands and a submitted heart?



Upcoming events.

FEBRUARY 2026

WED

11

**KID/YOUTH VALENTINE'S PARTY
7 PM**

INVITE A FRIEND

SUN

22

**MISSION SUNDAY
11 AM**

A TIME TO HIGHLIGHT OUR MISSIONARIES

SAT

28

**WOMEN'S BIBLE STUDY
11 AM**

JOIN OUR WOMEN IN THE FELLOWSHIP HALL

MARCH 2026

FRI - SAT

13-14

**SWEET LIFE 2026
REGISTER AT: [BIT.LY/SWEETLIFE2026](https://bit.ly/sweetlife2026)
DESTINY - SACRAMENTO**

SAT

28

**WORSHIP SEMINAR W/BEN BROWN
10 AM | LAS LOMAS CC
SEE NATASHA FOR MORE INFO**

SUN

29

**WORSHIP SUNDAY W/BEN BROWN
11 AM
POTLUCK AFTER SERVICE**



Ways to Give ...

- Text **GIVING** to (831) 292-5800
- Online: <https://bit.ly/lccgiving>

