

# OPEN HANDS BLESSED HEART



## Open Hands, Submitted Hearts

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### Week 1

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**LASLOMASCC.COM**  
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This week's message reminded us that overcoming begins with surrender. God blesses submitted hearts that trust Him fully, release control, and faithfully steward what He has already entrusted to them.

## **Discussion Questions**

### **1. Submission Begins When We Release Ownership**

- What am I treating as mine that God is asking me to steward instead?
- How would my stress level change if I truly believed this belongs to God?
- Where has ownership created pressure instead of peace in my life?

### **2. A Submitted Heart Breaks the Power of Control**

- What outcome am I trying to protect rather than trust God with?
- In what area is obedience costly for me right now?
- What fear surfaces when I think about fully surrendering control?

### 3. Submitted Hearts Invite God's Direction and Peace

- Where might God be asking me to wait instead of forcing progress?
- What would faithfulness look like if no one noticed or affirmed it?
- How could trusting God's timing bring peace to my current season?

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### Living It Out

Take time this week to listen for the Holy Spirit's guidance and respond through faithful obedience.

- **Reflection:** What specific area of your life did the Holy Spirit highlight during the message where your hands may be clenched instead of open?
- **Listening:** As you prayed or reflected this week, what did the Holy Spirit reveal about control, surrender, or trust in your life?
- **Obedience:** What is one clear step of obedience the Holy Spirit is asking you to take this week to live with more open hands and a submitted heart?



# Upcoming events.

## FEBRUARY 2026

**WED  
11**

**KID/YOUTH VALENTINE'S PARTY  
7 PM**

INVITE A FRIEND

**SUN  
22**

**MISSION SUNDAY  
11 AM**

A TIME TO HIGHLIGHT OUR MISSIONARIES

**SAT  
28**

**WOMEN'S BIBLE STUDY  
11 AM**

JOIN OUR WOMEN IN THE FELLOWSHIP HALL

## MARCH 2026

**FRI - SAT  
13-14**

**SWEET LIFE 2026  
REGISTER AT: [BIT.LY/SWEETLIFE2026](https://bit.ly/sweetlife2026)**

DESTINY - SACRAMENTO

**SAT  
28**

**WORSHIP SEMINAR W/BEN BROWN  
10 AM | LAS LOMAS CC**

SEE NATASHA FOR MORE INFO

**SUN  
29**

**WORSHIP SUNDAY W/BEN BROWN  
11 AM**

POTLUCK AFTER SERVICE



### Ways to Give ...

- Text GIVING to (831) 292-5800
- Online: <https://bit.ly/lccgiving>

