

# The Year Of Following Jesus #69 Worry

April 22, 2023

*Welcome Home!  
Thanks for joining us today*

**April 22 & 23, 2023**

Our God

**Welcome**

Your Great Name

Goodness of God

**Lord's Supper Thought**

Oceans (Where Feet May Fail)

**Prayer**

**Communion**

**Lesson: The Year(s) of Following Jesus #69**

**Jesus on Worry — Pastor Ed**



## **Good Stuff To Know**

**Riverside Services Online-** If you aren't in town on the weekend, you can still follow our services. We live stream each service on Facebook! You can also watch them anytime through Facebook by navigating over to <https://www.facebook.com/EagleRiverside>. And you don't need a Facebook account to watch the videos.

**Offerings To Riverside - In case you were wondering-** We don't pass a collection plate at Riverside. If you'd like to give, there are boxes at the back & envelopes in the information racks for cash donations. If you would like the convenience of giving online, go to [www.EagleRiverside.com](http://www.EagleRiverside.com), click on "Give" and follow the directions. Your donations are an answer to our prayers and are the only means by which Riverside is able to operate.

**FAQs -** Have questions about why we do what we do and why we don't do what we don't do? Chances are you'll find more about it on our FAQs page. You can access the page from our website or text the word "Guest" to 907-312-2662 and you'll receive a link to the page.



## Riverside Happenings

### First Time Visitors

#### The Lord's Supper (Communion)

This is a time when we "commune" with God and remember Jesus' sacrifice. We also "commune" with one another as His church family. You are welcome to participate with us by going to one of the tables set up with trays- each cup is actually 2 cups (bread in bottom and juice on top) so grab a set of cups and take it back to your place (and don't forget to social distance). You can eat/drink the cracker and juice whenever you feel ready and then throw the cups away on your way out (there are trash cans at all exits). Everyone is welcome to join us if you're interested in remembering Jesus' life & sacrifice with us.

"Welcome To Riverside" brochure available online.  
[www.EagleRiverside.com](http://www.EagleRiverside.com)

### This Week At Riverside

(Specific info about these activities is listed in the "Happenings" section)

- ➡ Ignite/Rev Monday
- ➡ Thrive Thursday
- ➡ Alive Friday
- ➡ Service Project: ARCH items

#### Need To Talk?...

The church office is not staffed during the week. There is a preschool that uses our building, so Ed, Aniela & Nate work from home. If you would like to contact them directly you can call them or email and set up an appointment.

Ed - 907.306.2823, [ednjude@gmail.com](mailto:ednjude@gmail.com)

Aniela - 907.748.1556, [anielawhah@gmail.com](mailto:anielawhah@gmail.com)

Nate - 907.360.4825, [nrsandback@gmail.com](mailto:nrsandback@gmail.com)

Cassie - 907.360.2996, [cassiemaaylinn@yahoo.com](mailto:cassiemaaylinn@yahoo.com)

Website: [www.EagleRiverside.com](http://www.EagleRiverside.com)

Facebook: EagleRiverside

**Riverside Service Project** - Help us gather items for the ARCH teens: lotion, art supplies, gift cards. See the full list near the kitchen for additional ideas.

**May Your Marriage Be Fun!** Riverside is starting a five-week series on marriage May 3rd and running each Wednesday for the month of May. Learn skills and have fun in this small group. See Aniela for details.

**Young Adult Group - ALIVE** - Fridays @6:30, in the Shack. Bring a dish to pass or share what we have. Ages 18-30. Text "alive" to 907.312.2662 or see Cassie.

**Warriors in Christ** - Next group is TBD at 6pm. See Nate.

**Men's Prayer Group** - Currently going through Psalm 119. Meeting via zoom but plan to meet in person periodically. Contact Hank at 713 548 7446.

**Ladies Craft Day** - Bring your own craft and a dish to share. Saturday, May 13th, 10am-4pm at the church. See Becky 812-449-7004.

**Baptism** - Want to get baptized or have questions? Scan the QR code or go to [www.EagleRiverside.com/baptism](http://www.EagleRiverside.com/baptism)



**Write to our missionaries** - See the bulletin board for more info.

**JAM Camp** - July 9-13. Registration is open now for those entering 5th-12th grade. Cost is \$250/camper. Scholarships are available. See Ed or Aniela if you need a scholarship or would like to donate to the scholarship fund.

### Upcoming Youth Events

**Monday, April 24th, 6:00 - 7:30**

Ignite and Rev (our two younger youth groups) will combine at Riverside for pizza, games, and a devotional. For 4th - 8th graders. Questions? Like to help? See Cassie.



**Thursday, April 27th, 6:00 - 8:00**

9th - 12th graders. At Riverside. Pizza, games, and a devotional. Questions? Like to help? See Aniela.

To get updates, text the following to 907.312.2662:

"IGNITE" (4th & 5th) "REV" (6th-8th), -or- "THRIVE" (9th-12th).

Everybody's Welcome...

Nobody's Perfect...

Anything's Possible!

# Following The Year(s) Of ^Jesus #69 Jesus On Worry

Do not  
worry.

Matthew 6:25-31

*Worry is a heavy load.*

*—Proverbs 12:25 (NCV)*

*That is why I tell you not to worry about everyday life.*

*—Matthew 6:25 (NLT)*

## **Components Of Worry:**

### **1. Biological Component.**

- *Adam landed us in the dilemma we're in—first sin, then death, and no one exempt from either sin or death. That sin disturbed relations with God in everything and everyone.*

*—Romans 5:12-13 (NLT)*

- *But with eager hope, the creation looks forward to the day when it will join God's children in glorious freedom from death and decay. For we know that all creation has been groaning as in the pains of childbirth right up to the present time. And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering.*

*—Romans 8:20-23 (NLT)*

### **2. Psychological Component.**

- *Be careful what you think because your thoughts run your life.*

*—Proverbs 4:23 (NCV)*

- *We are human, but we don't wage war as humans do. We use God's mighty weapons... to knock down the strongholds of human reasoning and to destroy false arguments... We capture their rebellious thoughts and teach them to obey Christ.*

*—2 Corinthians 10:3-5 (NLT)*

### **3. Circumstantial Component.**

- *I lift up my eyes to the hills. From where does my help come?*

—Psalm 121:1 (ESV)

- *Elijah was afraid and fled for his life. He went to Beersheba, a town in Judah, and he left his servant there. Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. “I have had enough, Lord,” he said. “Take my life, for I am no better than my ancestors who have already died.”*

—1 Kings 18:3-4 (NLT)

- *So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.*

—Matthew 6:34 (NLT)

#### **4. Transformational Component.**

- *Let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.*

—2 Corinthians 4:8-9 (NCV)

- *I have told you these things so you can have peace in me. In this world you will have trouble, but be brave for I have defeated the world!*

—John 16:33 (NCV)

- *I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow— not even the powers of hell can separate us from God’s love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.*

—Romans 8:38-39 (NLT)

- *I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth! He will not let you stumble.*

—Psalm 121:1-2 (NLT)

- *Cast all your anxiety on him because he cares for you.*

—1 Peter 5:7 (NIV)

## **Follow Through Step:**

**Practice casting all of your anxieties upon Jesus. When they return cast them right back.**