



July & August Cross Currents

The Monthly Newsletter of St Paul's United Methodist Church

Volume 29, Issue 7 & 8

July & August 2022

Mission Statement

The mission of St. Paul's United Methodist Church is to enable people to see the light, receive the light, share the light of Jesus Christ.



July Mission: Silver Key

Silver Key, established in 1970, provides older adults and their families with a wide variety of senior assistance services. They annually serve more than 11,000 seniors in the Pikes Peak region. More than half a million seniors have been helped to remain safe, independent, healthy and thriving over the last 50 years.

Silver Key provides:

- *Case management teams- to assist seniors to identify and resolve any barrier to their continued independence and safety.
- *Connections Cafes-provides food and friendship through several group dining sites throughout the Pikes Peak region.
- *Food Pantry- to distribute government assistance to supplement a senior's diet and to improve the health of the low income elderly.
- *Home Delivered Meals (Meals on Wheels)- hot meals are delivered Monday through Friday with reheatable meals provided on weekends for easy, healthy food options seven days a week for seniors who are coping with hunger and/or isolation.
- *Housing- Silver Key has made the commitment to develop a new affordable senior living housing complex, a 50 unit addition to their current campus.
- *Reserve and Ride- ADA accessible transportation opportunities to medical appointments, shopping, group meals, social activities, worship services, and more.
- *Thrift store- Silver Key Friends, at 1605 S. Murray Boulevard, is open to all ages and features a wide variety of gently used merchandise. They also have a Home Medical Department to help seniors stay independent while recovering at home.

Donations to this worthy cause can be made by clicking on the church's Online Giving Link, indicating it's for the July Mission, Silver Key. Checks can be mailed to the office, please indicate July mission on the memo line. Your generosity is truly appreciated.

Psalms 71:9 "Do not cast me away when I am old; do not forsake me when my strength is gone."

Thank you for your support The Missions Committee



PREACHER'S PART

Who is leading the church while the pastor is away?

This question has come up and crossed my mind a number of times at the 2022 Annual Conference. For some of us, the answer is as simple as “The Certified Lay Minister” or “The Lay Leader”. For others, it is more challenging. One thing I have always believed to be true is that the church is, at its core, a lay-led institution. Sure, we clergy have a lot to say. Sure, we are the ones who are in the office and reachable by cell phone day and night, but the laity of most churches are there long before the

pastor and they will be there long after. The church is a lay-led institution.

Beyond the leadership of the laity (non-pastors) in the church, the church is led by Christ. We measure every decision, every action, every budget, and every ministry against the model Christ set for us. Would Christ approve of this ministry, budget, action, or decision? If so, I believe we are on the right track.

Would Jesus create a place where those without homes could find rest? I believe so.

Would Christ welcome the stranger, the sick, the refugee? I believe so.

Would the Lord seek to find rest in the midst of a weary world, and ease the burdens of those who are suffering? You bet.

So, let us follow in the example and teachings of Christ whether we are ordained, commissioned, or called. Let us live by the way of Jesus in everything we do so that the world would know a love so extravagant that it cannot help but be changed.

May the God of transforming love transform your life with each moment you live.

Amen.

Rev. David Petty

Dear St. Paul's
Thank you to all of you who have showed up for clean up day, spot repairs, and days when the church just needed a bit of extra attention. You are who help keep our church buildings together!
With gratitude,
The Trustee Committee

To my St. Paul's Family,
Thank you so much for the calls, prayers, food and cards after my surgery and during my recovery! I miss you all and if I weren't 96 I would be there with you!
With love and blessings,
Norma Pardun

My heart overflows with gratitude for all of you, our St. Paul's family, and the wonderful ways you share friendship with Rodger and me. Thanks for your visits, for all the special card messages of love and support, for food and most of all transportation for me. One day I will be able to drive again, but with another two surgeries looming on the horizon, I know it won't be soon enough.

Worshiping with you is soul rewarding. My only regret is that Rodger is unable to share it with me. He still knows people and loves to have company, though he may not remember it after one leaves. His happy spirit has endeared him to all his caregivers.

“We never cease to thank God for you in our daily prayers. We remember your work of faith, your labor of love and your patience of hope in following Jesus Christ.”

1 Thessalonians 1:2-3

~Marje Erickson



Mission of the Month for August: Assistance League

Opportunity Awaits! You can help clothe children in need in El Paso County as they start back to school. Remember how excited you were to have new clothes for school?!

The Assistance League of Colorado Springs is a nonprofit, all volunteer, philanthropic organization committed to improving the well-being of children and families through several programs: Operation School Bell (the focus for St. Paul's), Buddy Bear, Assault Survivor Kits (ASK) in cooperation with Memorial Hospital providing clothing and hygiene kits to victims. Assistance League is the only organization in Colorado Springs which provides this help. "Sweet Dreams" is another program providing mattress/box spring sets to emancipated children leaving foster care along with sheets, pillow cases and towels. Some of these children have never had a bed of their own. Another program they sponsor is: "Can You Hear Me?" which provides screening the hearing of preschoolers. Last year, Assistance League served over 4000 individuals and families in their programs.

As stated, our focus for August is Operation School Bell. It is also Assistance League's major program. Operation School Bell provides new school clothing and hygiene kits to enhance self-esteem and to encourage regular school attendance for children in need in El Paso County. Public school staff refer children. Based on age, children are given an allotment for purchase at Kohl's. Appointments are scheduled and some limitations are placed on what can be purchased. A volunteer helps with shopping and checkout to ensure adherence to guidelines. 2321 children in 2020 received clothing, aided by 76 members of Assistance League (most recent available data). They were from all 14 school districts in El Paso County plus one non-affiliated school; children in 205 schools were served.

If you would like to participate in this mission, you may mail a check to St. Paul's, drop it off or put it in the plate on Sundays in August, with the memo "August Mission: Operation School Bell. You may also donate cash or use the online portal for your gift to this worthy cause.

Thank you for your long term support of this mission.
Missions Committee

"I needed clothes and you clothed me...." "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'"

(Matthew 26:36a, 40)

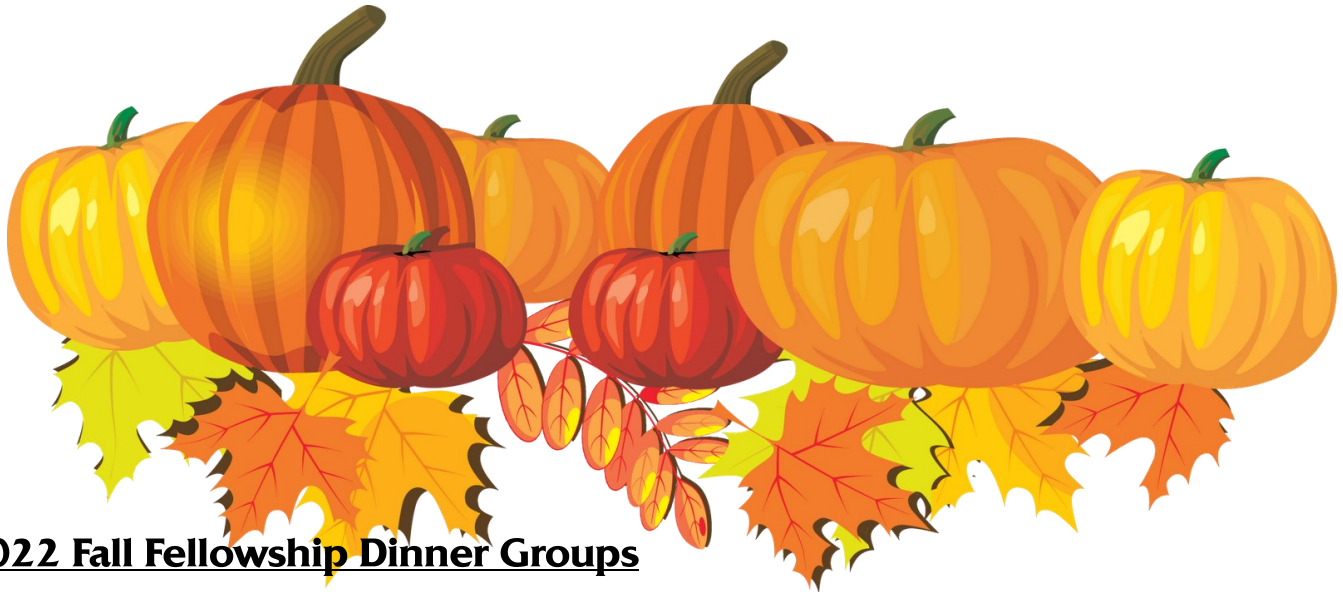
August Keenagers

Our next Keenagers gathering is on August 10th at 11:45 am. Mark your calendars for this great opportunity to gather for a time of fellowship and lunch. For our program, Dixie Barnes will be sharing her story of living with hearing loss for most of her adult life. It's a fascinating story that will be informative and inspiring.



You can call, text, or email Donnie to make your reservation... (719) 896-0422, pastordonnie@gmail.com.

The deadline for reservations is Sunday, August 8th. The cost is \$9 per person.



2022 Fall Fellowship Dinner Groups

In August, it will be time once again to sign up to participate in St. Paul's fall Fellowship Dinner Groups (September – November). Sign-up sheets will be available on the table in the chapel or you may call Evelyn Panos at 719 282-3816 or email her at eipanos@aol.com. Please sign up no later than August 28th so that schedules and a list of participants including addresses and phone numbers can be ready for distribution by the first Sunday in September.

For those who have never participated and don't know, the Fellowship Dinner Groups are strictly social and are organized to provide an opportunity for you to get better acquainted with the people who attend our church. The groups are made up of eight adults (singles or couples) and they change each month as do the hosts/hostesses. The hosts are responsible for contacting the members of his/her group to arrange a mutually agreeable date and time to meet, to choose a restaurant, and to make reservations. Optionally, the hosts may invite their group to their homes afterwards for conversation, dessert and coffee, and are an additional opportunity to get to know each other better. When you register, you may sign up as a regular or an alternate. If at any time you cannot attend, just let your host know so that an alternate or someone else can be contacted to fill in.

If you have any questions, please contact Evelyn or Donnie for further information. We look forward to having you join us.

Communion

St. Paul's members- we need your help. If any of you know of anyone in our St. Paul's family that is homebound, in a nursing home, or just not able to come to church for awhile please let me know their name and phone number. I will be happy to contact them and see if they would appreciate having communion brought to them. Lu Petersen, 597-2824.



Faith Community Health Ministry

Parish Nursing will continue to do the Blood Pressure Clinic once a month during the summer. July 17th is the Sunday of choice for July. Plan to come down and see how you are doing. Blood Pressure is a key measure of health! And Ignorance is not Bliss! Will aim for August 14 for the August session.

Some summer hints for staying healthy: Do your car windows offer enough protection from the Sun's damaging UV rays. The front windshield of your car probably shields you from the sun's UV-A rays as you drive, but the same may not be true for side windows. Prolonged exposure to ultraviolet A (UV-A) rays can raise the odds for skin cancer and cataracts. A study found front windshields blocked an average of 96 percent of UV-A rays compared to 71 percent for side windows. Overall, only 14 percent of cars offered a high level of side-window UV-A protection. This could contribute to a higher prevalence of left eye cataracts and skin cancer on the left side of people's faces.

Can you recognize the signs of skin cancer? Get to know your own skin markings so you can detect changes. So, notice changes in moles, freckles, and blemishes! And then have your skin checked yearly by a physician or dermatologist. Check your own skin for signs of skin cancer by using a mirror every month. There is an ABCDE rule of skin cancer: A for Asymmetry, B for Border, C for Color, D for Diameter and E for Evolution.

Helpful hints for August produce shopping include examples of safe foods to buy non-organic! Jus about anything with a hard-shell or skin will be relatively safe to buy non-organic. Examples of Safe Foods: onions, avocados, coconuts, and hard-shelled squashes! Go Organic or Go Home: apples, celery, tomatoes, all leafy vegetables. The other organic foods to choose are those with high water content such as berries, melons and just about all leafy greens and celery.

~Barbara Newberry

UMW

The remainder of our Summer schedule:

Breakfast, Saturday July 9, Wade's Café on N. Academy at 9:30am

Dinner, Wednesday August 10, Texas Longhorn on Barnes & Powers at 4:30pm

Please call or e-mail Darlene Woods, 719-528-8702 darlene.woods@q.com if you are planning on attending.

Dear St. Paul's,

I am sorry it has taken me so long to get this written. I want to thank all of you for being our family in a time of need. When Patrick had his heart attack there was nothing but love and support for our family.

Thank you for being our family. The cards, calls and prayers made this difficult time easier.

Blessings,

Rachel Ford and family

Hospitality

Thank You to Bob and Dixie Barnes for being the Fellowship helpers during the month of May. And a continued thanks to all of you who pitch in wherever you are needed!!!!

Recipe Name: _____

From the Kitchen of: _____

Category, e.g. Salad:

Oven Temp: _____

Cook Time: _____

Servings: _____

Amount	Ingredient	Prep. Style, e.g. Chopped

Please continue on the back with the directions



Directions:

[illegible]

Quote or saying:

July Anniversaries

Dominick & Nathan Nors
July 2, 2021
First Anniversary

Diane & Tom Hance
July 4, 1989
33 Years



Diann & Don Geoffroy
July 10, 1971
51 Years

Paul & Ginny Fredell
July 14, 1973
49 Years



July Birthdays!

6th
Clarine Smith
7th
Alice Woollums
8th
Emerson Bowman
Linda Burnett
9th
Kristen Garnhart
Wanda Wright
11th
Mary Coutts
12th
Mike Pfahl
13th
Bob Rickett
14th
Woody Woods
18th
Axel Witham

19th
Brett Hurlbut
Sally Jo Maisano
21st
Helen Bookman
Darlene Lundberg
22nd
Lori Thom
23rd
Diane Hance
24th
Travis DeLaney
Fay Lumpkins
Chris Rankin
25th
Barbara Villanueva
28th
Ron Richter
29th
Nancy Butler



Schedule of Weekly Online & In-Person Events



2022

- ♦ **Sunday**
9:30a Worship
10:30a Fellowship
Time
- ♦ **Monday**
6:00p Cub Scouts
7:30p Barbershop
Chorus
- ♦ **Tuesday**
11:00a Line Dancing
- ♦ **Wednesday**
8:30a Wednesday
morning Bible Study
- ♦ **Thursday**
- ♦ **Friday**
- ♦ **Saturday**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
11:00a Patriotic Fair						
10	11	12	13	14	15	16
			6:00-7:30p Crafting time for VBS			10:00a Safe Sanctuary and VBS
17	18	19	20	21	22	23
	Decorating for VBS					
24	25	26	27	28	29	30
	Vacation Bible School					
31						

August Anniversaries

Mike & Jaymie Pfahl
August 4, 2001
21 Years

Craig & Sandy Clark
August 13, 1966
56 Years

Ethan & Laurie Gabriel
August 23, 2000
22 Years

Jayne & John Gnad
August 5, 1989
33 Years

Nancy & John Butler
August 15, 1970
52 Years

Bob & Dixie Barnes
August 28, 1960
62 Years

Donnie & Daphne Sturgill
August 9, 1980
42 Years

Marje & Rodger Erickson
August 16, 2008
14 Years

Georg & Nancy Gehrung
August 11, 1967
55 Years

Darlene & Woody Woods
August 16, 1968
54 Years



August Birthdays

1st
Mary Porter
2nd
Betsy Meikle
4th
Mark Horst Jr.
6th
Amanda Coffee-Stansbury
7th
Jeremie Pfahl
10th
Craig Fink
Diane Shearer
11th
Janette Bell
12th
Dean Beiver
13th
Lisa Mowery

15th
Mark Patzke
16th
Chuck Miller
17th
Susan Peters-Rizk
21st
Jessica Hearn
25th
Jackie Fletcher



Schedule of Weekly Online & In-Person Events

2022



- ♦ **Sunday**
9:30a Worship
10:30a Fellowship
Time
- ♦ **Monday**
6:00p Cub Scouts
6:30p Jubilee Bells
7:00p Vocal Fusion
7:30p Barbershop
Chorus
- ♦ **Tuesday**
- ♦ **Wednesday**
8:30a Wednesday
morning Bible Study
5:30p Exalt!
6:30p Sanctuary
Choir
- ♦ **Thursday**
9:30a Friendship
Bible Study
- ♦ **Friday**
- ♦ **Saturday**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 11:45 a Keenagers	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 5:00p Community Dinner	26	27
28	29	30	31			

The Monthly Newsletter of St
Paul's United Methodist
Church

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Grounded in Tradition,
Growing in Faith

The CC deadline is the 15th of each month, unless otherwise noted. For more information contact the Church office at 634-7046. We reserve the right to edit and condense submissions for publication.

Happy Fourth of July!

Our Patriotic Fair:

**Is on July 3rd after the 9:30 am Worship
service next door at Wesley House.**

There will be crafts and games for the children!