

# The King's Road: The Revelation of the King

Re: GROUP

## The King's Road: The Question of Fasting

### Matthew 9:14-17 | Small Group Questions

#### 1. Observe the Text

- Who is asking Jesus the question about fasting, and why might this question make sense given their background?
- What images or illustrations does Jesus use in His response, and what emotions or situations do they represent?

#### 2. Understand the Meaning

- Why does Jesus compare His presence to that of a bridegroom at a wedding feast?
- How do the illustrations of the patch and the wineskins help explain why fasting was inappropriate at that moment?

#### 3. Reflect Personally

- Have you ever practiced a spiritual discipline mainly because it was expected rather than because it flowed from your relationship with Jesus?
- Where might you be tempted to compare your walk with Christ to someone else's rather than responding to what God is doing in your life?

#### 4. Apply to Daily Life

- How can fasting, prayer, or other spiritual disciplines be practiced in a way that is responsive to Christ rather than routine or performative?
- What might it look like for you to remain spiritually flexible—like a “fresh wineskin”—as God works in your life?

## Prayer Prompts

### Group Prayer Prompt

Pray that God would help your group recognize Christ's presence more clearly and respond with practices that reflect joy, obedience, and dependence rather than obligation or comparison.

### Quiet Personal Prayer Prompt

“Jesus, show me where my faith has become routine instead of relational. Help me respond to Your presence with joy, humility, and obedience, and shape my heart to receive what You are doing now.”