

You Can Break Out

Have you ever found yourself in the grip of addiction? You may be there right now. Some addictions could seem pretty harmless, and they may actually be good for you. Like being addicted to reading your bible or eating healthy. Addiction can simply be defined as a strong inclination to do, use or indulge in something repeatedly. But having a tendency towards addictive behavior can destroy you. The deeper meaning of addiction is a compulsive, chronic, physiological or psychological need for a habit forming substance, behavior or activity having harmful physical, psychological or social effects and typically causing well-defined symptoms such as anxiety, irritability, tremors or nausea upon withdrawal or abstinence. This is the addiction tool that Satan keeps in his tool belt ready to use on you whenever you give him the opportunity. If Satan can lure you into an addiction that will destroy you then he is pleased. But if he can get you addicted to anything, good or bad, that will distract you from God, he is still pleased. If you are struggling with any type of addiction please keep reading.

“If you will turn to God and break your addiction then life will be great.” I wish, I could preach that but it just isn’t true. If you have ever seen anyone going through recovery of substance abuse, you know that detox is incredibly difficult. They will have several miserable weeks of anger, depression, sleeplessness, sweating and paranoia. But once they make it through that difficult time, life will begin to improve and they will find more joy and happiness than they ever could have imagined. To a lesser extent, the same is true when you try to break any addiction. You have taken a constant out of your life that you have become dependent on. It will take some time to break the addiction. Let me amend my quote from earlier, “If you will turn to God and break your addiction then life will be great, eventually.” If you are caught in the grips of addiction listen to these comforting words from David.

He reached down from on high and took hold of me; he drew me out of deep waters. He rescued me from my powerful enemy, from my foes, who were too strong for me. They confronted me in the day of my disaster, but the LORD was my support. He brought me out into a spacious place; he rescued me because he delighted in me.

Psalm 18:16-19

Phillip

Eastern Hills Church of Christ

easternhills@ehcoc.org

Elders: Carrell Dennis ♥ Chase Palmer ♥ Brandon Smith

Pulpit Minister: Phillip Treat ♥ **Childrens' Director:** Marla Caton

Deacons: Lafe Caton ♥ Terry Cloud ♥ John Grubbs ♥ David Little

Dakota Nowell ♥ Brandon Pyle ♥ Dan Streety ♥ Richard Yarberry

COMMIT to Praying for

- ★ **Our church family**
 - ★ **Church growth**
 - ★ **Opportunities to share our faith**
- ## And The Gospel

February 22, 2026

*You are Welcomed
Here*

*Eastern Hills Church of Christ
2705 E Travis St
Marshall, TX*

SERVICE TIMES

Sunday

Bible Class 9:30,

Worship 10:30,

6PM - Sunday Evenings

Wednesday

Devo & Bible Classes at 6:30

GIVING

We appreciate your giving. Did you know that you can also give online? Go to our website and click on the giving tab on our homepage. You can also use the app on your phone or tablet.

DOWNLOAD THE APP

Scan the QR code to go to your

app store, download the app, then

click in the top corner of the app to

create your account

ONLINE

facebook.com/EASTERNHILLSCOC

Watch LIVE on the app or website
at 10:30 Sunday mornings



Sermon Notes

Order of Worship

The Servant Song

Call to Worship

Prayer

He Keeps Me Singing

Welcome

My Jesus, I Love Thee

Lord's Supper

Offering

Children's Lesson

Into the Heart of Jesus

Scripture Reading

Psalm 42:1-2

Making the Impossible Possible

“ Drink Up!”

“ The Bread of Life ”

Sunlight

Family News

His Mercy is More

Prayer

Celebrating This Week

Feb 23	Tina Cameron
Feb 25	Dixie Hall
Feb 25	Annette Brown Wayne Woodruff
Feb 27	Phillip Treat Linda & Greg Pyle

For the Record

	February 08
Worship	155
Offering	\$
Budget	\$ 6,250

Serving in Worship

February 22

Song Leader: David Little

Call to Worship: DW McLendon

Welcome: Phillip Treat

Communion: Ned Dennis

Scripture Reading : Jonathon Ponder

Closing Prayer: Brandon Pyle

A/V: Greg Browning & Debbie Ware

Nursery: Holly Allen & Kristy Puesta

Bible Hour : Marla Caton & Carol Browne

March 01

Song Leader: Chase Palmer

Call to Worship: John Grubbs

Welcome: Phillip Treat

Communion: Greg Browning

Scripture Reading: Aiden Ponder

Closing Prayer: David Little

A/V: Ben Puesta & Debbie Ware

Nursery: Carly Bolick & Susan Streety

Bible Hour: Holly Allen, Donna Lovelace,
Wanda Owen

February Greeters: Marla & Lafe Caton
& Pat George

February Communion:

EAST: L.C. Turner, Brad Epperson,
Dale Frazier, Billy Hydrick

WEST: Brandon Pyle, Steve Jones,
Ben Mauldin , Ben Puesta

Preparation: Pat George & Jessica Pritchard



A BIG thank you to all of the Youth and their parents for making the Young at Heart Banquet a huge success.

Praise Report

Jeanette Quinn received a good report from oncologist and is now on yearly visits

All test concerning Phillip and Krista's newest grandbaby came back good

In Our Prayers

Nancy Berg and little one Eleana

Becky Sharp

Chop Woodruff

Phyllis Hydrick—having some shoulder pain

Chris Young— hip surgery on March 5

Mark Little

Jody George

Lynda Waitts

Sympathy: Jason Peterson family at the passing away of Jason's dad on 02.16.26

Home Bound: Glena Lowe, Jean Spencer, Sandy Jones, Becky McLendon, Janie Powers . Dixianna Upton

Arabella of Longview: Lillian Simmons

Marshall Manor: Lynda McConnell

Happenings

- ◆ Feb 25— Songfest w/ Simple Supper @ Reunion Inn
- ◆ MARCH 1 – Baby Shower for Leslie Davis @ 2 Baby girl , Registered at Amazon.com
- ◆ March 2— Marshall Manor Devo @ 10
- ◆ March 16— Marshall Manor Devo @ 10
- ◆ March 19— JOY Luncheon @ 11:30
- ◆ March 21— Winter Jam—youth Ladies Tea
- ◆ March 25 Songfest w/ Simple Supper @ Reunion Inn
- ◆ March 29— Potluck
- ◆ Ladies Bible Class 9:30 a.m on Tuesday
- ◆ Men's Bible Study @ 9 a.m on Wednesday
- ◆ Ladies Bible Class @ 6:30 on Wednesday night