



spiritual adult

# DISCIPLE ME

## TRACK 1: DISCOVERING YOUR GIFTS

## THE HOLY SPIRIT

### ICEBREAKER: WHAT'S IN THE BOX?

Think about a present you've received that really stuck with you - not necessarily because it was expensive or something you asked for, but because it was memorable.

- What was it, and why do you think it was so meaningful?

Now think about a present you've given someone else that didn't land the way you expected. Maybe the person didn't like the gift or appreciate the thought or effort you put into it.

- How did it feel to know that your gift missed the mark?

### STUDY: SPIRITUAL GIFTS

What makes a gift meaningful isn't how much it costs or how impressive it looks - it's whether it actually helps the person it's given to. A gift does its job when it meets a real need. And that same idea is how the Bible talks about spiritual gifts - not as something to show off or collect, but as something meant to serve the people around us.

With that in mind, the Bible actually uses the language of gifts to describe how God works through people. Before we talk about how these gifts show up in our lives, let's look at what Scripture says about where they come from, why they're given, and who they're really for.

### READ 1 Corinthians 12:4-11

- Where does Paul say these gifts come from, and who decides how they're given?
- Verse 7 says gifts are given "for the common good." What do you think that means? And what does that look like?
- Where do you feel tension between trusting the Spirit's assignment and wanting to choose your own role?
- How can spiritual gifts slowly drift from serving others to serving ourselves?
- Who in your life might benefit if you leaned into the gifts God has already entrusted to you?

In this conversation track, we will spend time considering what gifts the Holy Spirit has given you. But, before we do that, we must understand that whatever gifts we have are less about discovering who you are and more about deciding who you will serve. According to the scriptures, spiritual gifts aren't something we earn or achieve - they're received.

Maturity isn't measured by how much we know or by the areas where we naturally excel. It's measured by the impact our lives have on others. Real influence doesn't come from confidence or visibility, but from humility and availability. The Holy Spirit has gifted you; the deeper work now is learning how to steward what you've been given for the sake of the people around you.

### ACTIVITY: HOLY SPIRIT DEEP DIVE

The Holy Spirit doesn't just inform us - He forms us, leads us, empowers us, and works through us for the sake of others. Read the passages below and connect them to the roles that the Holy Spirit plays in our lives. Some scriptures may fit multiple categories.

Scripture Bank				
John 14:16-17	Romans 8:11	Galatians 5:22-25	2 Corinthians 3:17-18	Romans 8:14
Acts 1:8	John 16:13	Philippians 2:1-4	Zechariah 4:6	1 Peter 4:10

 <p><b>Dwell &amp; Form</b></p>	 <p><b>Lead &amp; Direct</b></p>	 <p><b>Empower</b></p>	 <p><b>Strengthen &amp; Equip</b></p>	 <p><b>Unity &amp; Community</b></p>

### CHALLENGE: BUILD SOMEONE UP

This week begin each day by praying, "Holy Spirit, where are You already at work and how can I join You?" As you go through your day, pay attention to nudges, names, interruptions, or opportunities to serve. The goal isn't to force anything, but to notice and respond. When your group meets again, be ready to share where you saw the Spirit at work and what happened when you responded. This isn't about having a super spiritual story, but about growing in humility, awareness, and obedience to where the Spirit is leading.