

SPIRITUAL ADULT OVERVIEW

Spiritual Adult:

This phase is characterized by **humility**. Disciples in this phase have experienced significant growth and are beginning to find motivation beyond themselves. Their own desires haven't gone away, but they've grown in their ability to sacrifice for others.

FOCAL POINT FOR GROWTH: Moving from being influenced to becoming an influence.

#	Topic	Texts
0	Start Here: Abide in Me	John 15
TRACK 1: Discovering Your Gifts		
1	The One About Maturity	Ephesians 4:11-16
2	The One About The Spirit	1 Corinthians 12:4-11
3	The One About Stewarding Your Gifts	Romans 12:3-8
4	The One About Purpose in Serving	1 Peter 4:10-11
5	The One About Every Part Doing Its Work	Ephesians 4:15-16
6	The One About Unity in Diversity	Romans 12:4-5
7	The One About Using What You Have	Exodus 4:1-5
8	The One About Working for the Lord	Colossians 3:23-24
9	The One About Staying Faithful	Luke 16:10
10	The One About Bearing Lasting Fruit	John 15:1-8
TRACK 2: Developing Others		
11	The One About Investing in People	1 Thessalonians 2:8
12	The One About Mentoring Others	2 Timothy 2:1-2
13	The One About Equipping the Saints	Ephesians 4:11-13
14	The One About Humble Leadership	Philippians 2:1-11
15	The One About Servant Leadership	Mark 10:42-45
16	The One About Building Others Up	1 Thessalonians 5:11

17	The One About Walking with Others	Luke 24:13-32
18	The One About Encouragement	Hebrews 3:12-14
19	The One About Speaking Life	Proverbs 18:21
20	The One About Multiplying Faith	Matthew 28:18-20
TRACK 3: Deepening Relationships		
21	The One About Hospitality	Romans 12:13, Hebrews 13:2
22	The One About Loving Difficult People	Luke 6:27-36
23	The One About Forgiveness in Friendship	Colossians 3:12-14
24	The One About Listening Well	James 1:19-20
25	The One About Encouraging Words	Ephesians 4:29
26	The One About Building Trust	Proverbs 3:3-4
27	The One About Faith-filled Friendship	Proverbs 27:17
28	The One About Being Approachable	Romans 15:7
29	The One About Living Authentically	2 Corinthians 4:7-10
30	The One About Bearing Others' Burdens	Galatians 6:1-2
TRACK 4: Missional Living		
31	The One About Your Life as a Mission Field	Matthew 5:14-16
32	The One About Seeing Needs	Matthew 9:25-38
33	The One About Compassion	Luke 10:25-37
34	The One About Serving in Secret	Matthew 6:1-4
35	The One About Growing in Generosity	2 Corinthians 9:6-11
36	The One About Extravagant Grace	Romans 5:20
37	The One About Sharing Your Testimony	Acts 26:16
38	The One About Defending the Faith	1 Peter 3:15
39	The One About Aligning Priorities	Matthew 6:33
40	The One About Becoming More Like Jesus	Romans 8:29