



WEEK 5

PRESCHOOL LESSON OUTLINE



BIG IDEA

I am forgiven because
God loves me.

THE BIBLE

Confession and Forgiveness: Psalm 32

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | Hide and Seek
- **ACTIVITY** | Trust Pushes Fear

TEACHING TIME

- **MUSIC** | Sing to God!
- **VIDEO** | Sing, Episode 5
- **THE BIG IDEA** | God can always be trusted.
- **SCRIPTURE** | Psalm 56
- **VIDEO** | "God is Bigger"
- **PRAYER**

DISCUSSION TIME

- **SNACK** | Sharing Time
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Happy Sad
- **MEMORY VERSE** | Making the Band

PLAY TIME

- **ACTIVITY** | Coloring Page
- **ACTIVITY** | Fear Squishy
- **ACTIVITY** | Monster Friends



WEEK 5

HACKS FOR TODDLERS



BY CASSANDRA MOTON

HOW TO HACK THIS SERIES FOR TODDLERS

In children's ministry, you've got a wide range of ages you need to engage every week, but toddlers tend to get overlooked. But you know your toddlers need more than just babysitting, so here are a few adjustments you can make to this week in order to keep your toddlers more engaged.

SNACK | Sharing Time

Ask each kid as you pass out the snack, "_____, can you trust God? YES! (insert kids name)
Include everyone's name.

ACTIVITY | Fear Squishy

Make the stress balls for this activity in advance for each toddler in your group. Let them have fun just squishing the ball in their hands!

ACTIVITY | Monster Friends

Instead of making a card, just make it a one-pager activity. Let them stick on the eyes however, and help them draw on other features like a nose, mouth, teeth, horns.

ABOUT THE AUTHOR

CASSANDRA MOTON



centralaz.com



cassandramoton.blogspot.com



facebook.com/cassandramoton



instagram.com/cmoton



Cassandra has been in ministry for the last 20 years. She has done everything from leading and creating Family Experience services (a service designed for the entire family to enjoy and learn together) to developing curriculum and lessons for every age group. Currently, Cassandra works at a multi-site church (Central Christian Church AZ) as their Children's Programming Pastor. She is responsible for developing, creating, and executing all programming for two-year-olds through 6th graders with creative elements that teach kids about God in an exciting way. Cassandra's passion is programming and creating an environment where

anyone coming in could understand and learn who God is and how much He loves them. Cassandra also has just completed her first book "Authentic." This book dives into what an authentic relationship with God and others around you truly looks like.

Cassandra has been married for 23 years to Jon and together they have three beautiful girls, Michaela, Delaney, and Taylynn. Michaela and Delaney are each in college, and Taylynn is in 9th grade.

If you'd like to chat with Cassandra about children's ministry, programming, or Disneyland, reach out! She would love to connect with you!

ADDITIONAL DEVELOPMENT: Elle Campbell, Brooklyn Lindsey, Amber Stephens, Linda Moon.

TEACHING VIDEOS: Stephanie Whitacre, Elle Campbell.

TODDLER HACKS: Cassandra Moton.

MEMORY VERSE SIGN LANGUAGE: Sunny Brown.

GRAPHIC DESIGN: Josh Gosney, Jules Gray, Elle Campbell.

LAYOUT DESIGN: Jules Gray, Elle Campbell.

ADDITIONAL SUPPORT: Kenny Campbell, Tash McGill, Stephen Switzer, Ali Anne, Eddie Irvin, Ari Raines, Kellee Gentry, Tim Synan, Josh McLemore, Amber Gaddis.



WEEK 5

PRESCHOOL LESSON GUIDE



BIG IDEA

I am forgiven because
God loves me.

THE BIBLE

Confession and Forgiveness: Psalm 32

WELCOME TIME

ACTIVITY | Hide and Seek

- Welcome to the last week of "Sing!" Today, we're going to read our last Psalm! But first... let's play!
- **INSTRUCTIONS:** *Lead the kids in a basic game of hide and seek. Do as many rounds as you want. Let different volunteers seek each round.*

ACTIVITY | Trust Pushes Fear

- **INSTRUCTIONS:** *Before the kids arrive, place a glass vase on a tray. Label the vase, "YOU." Then, label a cup, "FEAR" and place baking soda in the cup. Place vinegar in a cup labeled, "GOD."*
- We all have fear inside of us for different reasons. [Pour baking soda into the vase.]
- But God promises to take care of us and knowing that will help push fear out of our hearts. [Pour vinegar into the vase.]
- Everyone gets scared, but we can trust God to take care of us.

TEACHING TIME

MUSIC | Sing to God!

- **INSTRUCTIONS:** *Sing and dance along to some praise songs with your kids! Choose any song(s) you and your kids like, but you might want to include "Proverbs 3:5-6" by The Rizers ([video](#)).*

VIDEO | Sing, Episode 5

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

THE BIG IDEA | God can always be trusted.

- When I say, "I am not afraid because. . ." everyone say, **"God can be trusted!"** Ready? [Repeat this a few times.]
- Now, let's shout the whole thing together: **"I am not afraid because God can be trusted."**

SCRIPTURE | Psalm 56

- **INSTRUCTIONS:** Look up the story in your Bible and read it!
- David wrote Psalm 56 when he had been captured by an enemy kingdom. He was so afraid then that he started acting really strange so that the people holding him would leave him alone. Then he was able to escape!
- Throughout this time, David remembered God, who is more powerful than any king. That's why he wrote this Psalm and said that he will trust God when he is afraid.
- When we are afraid, we can put our trust in God. God will always take care of us. God can always be trusted!

VIDEO | "God is Bigger"

- We all have times when we are scared. Here's a song we can remember when we are afraid!
- **INSTRUCTIONS:** Show [this video](#), "God is Bigger" by VeggieTales.

PRAYER

- Thank You, God, for always being with us. No matter where we go, no matter what we are doing, we never have to be afraid because we can trust You will always be there taking care of us!

DISCUSSION TIME

SNACK | Sharing Time

- **INSTRUCTIONS:** Pass out a snack to each kid. As the kids eat their snacks, ask them questions about the Bible verses.
 - ✂ **TODDLER HACK:** Ask each kid as you pass out the snack, "_____, can you trust God? YES! (insert kids name) Include everyone's name.
- **Is God always with you?**
- **When you are afraid, is God with you?**
- **Can you always trust God?**
- When you are afraid, you can put your trust in God!

ACTIVITY | Circle Time

- **Who has ever been afraid?** Me, too!

- **Right now, are you afraid of anything? What about snakes? Spiders? What about the dark?**
- **What can we do when we are afraid?** Yes, we can trust God! Because God is always with us.
- **INSTRUCTIONS:** *Point to a kid and tell them to shout out their name. Then say, “When Sarah is afraid, she will put her trust in God!” Repeat this with all the kids.*

ACTIVITY | Happy Sad

- **INSTRUCTIONS:** *Before the kids arrive, double-side print this week’s printable and cut it out. Show the kids that when you turn it one way, the face looks afraid and sad. But when you turn it the other way, it’s a happy face. Then, pass out crayons and markers. Give the kids a chance to color their happy and sad faces.*
- When we are afraid and sad, we can trust God and turn our frown into a smile!
- When we are afraid, we can put our trust in God!

MEMORY VERSE | Making the Band

- **INSTRUCTIONS:** *Since this series is called, “Sing!” try different ways to sing the memory verse. This week, encourage the kids to perform the memory verse while using classroom instruments, such as a xylophone, castanets, tambourines, egg shakers, triangle, bongo drums, maracas, etc.*

PLAY TIME

While you’re waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Give each kid a coloring page along with crayons, markers, or colored pencils. Remind them of today’s story, memory verse, and Big Idea as they color!*

ACTIVITY | Fear Squishy

- **INSTRUCTIONS:** *Have kids make their own stress balls using large latex balloons and flour. Blow up the balloon a few times to make it more elastic, then attach it to a wide-mouthed funnel or water bottle, and fill the balloon with flour. You can have kids help pour the flour while you hold the balloon open. Tie a knot to seal. Have kids make happy faces on the balloon with permanent marker. Now they have their own squishy for when they are afraid! ([Here’s a visual](#) guide to help you.)*
- ✂ **TODDLER HACK:** *Make these in advance for each toddler in your group. Let them have fun just squishing the ball in their hands!*

ACTIVITY | Monster Friends

- **INSTRUCTIONS:** *Fold a piece of construction or craft paper and trace each kid’s hand on it (their wrist should be along the fold). Cut it out so that you have a handprint card that opens. Provide*

googly eyes of different sizes and have them make their own monster (you can show or make some of [these ideas](#) as samples). On the inside, have them write, "I trust God!"

✂ **TODDLER HACK:** Instead of making a card, just make it a one-pager activity. Let them stick on the eyes however, and help them draw on other features like a nose, mouth, teeth, horns.

- When you are afraid, you can trust God!

Encourage your preschoolers to help clean up the room while they wait for their parents