

# WEEK 5

## SMALL GROUP GUIDE



### **BIG IDEA**

I am not afraid because  
God can be trusted.

### **THE BIBLE**

**When I Am Afraid:** Psalm 56; 1 Samuel 21:10-22:2;  
(Isaiah 41:10; Proverbs 3:5-6)

### **QUESTIONS**

- Why was David afraid in Gath?
- What did he do to escape the Philistines?
- What can we do when we are afraid?
- Read Isaiah 41:10 and Proverbs 3:5-6. What are the reasons to trust God?
- What are some things you are afraid of?
- What does it mean to trust someone?
- What are some things you know about God that remind you God can be trusted?

### **ACTIVITY**

*Make a stuffed sock animal that the kids can take home and keep with them. Search online for easy no-sew sock animal designs for inspiration!*

**This new friend will serve as a reminder that God is with you even though you can't physically see God.**

### **MEMORY VERSE OF THE MONTH:** Psalm 95:1 (NIV)

*Looking for sign language? Go to [growcurriculum.org/Psalm95-1](http://growcurriculum.org/Psalm95-1)  
and get memorizing!*