



SEVENTH-DAY ADVENTIST® CHURCH
SACRAMENTO SOUTHGATE

SOUTHGATE SPIRITUAL WOMEN'S RETREAT
"Speak Life!"

May 15-17, 2026

EVENT INFORMATION

LOCATION: Leoni Meadows Camp and Retreat Center, 6100 Leoni Road, Grizzly Flats, CA 95836
(leonimeadows.org)

CONTACT INFORMATION:

Online: southgatesda.org (Paper applications are not available) ▪ **Email:** southgatewomen@gmail.com

Phone: 916.428.3027 (Please leave a message for Women's Ministry Team)

ALL ATTENDEES MUST PRE-REGISTER – NO WALK-IN'S ALLOWED

MINISTRY GOALS:

- 1) Provide opportunities for women to enrich their relationship with God.
- 2) Enhance the spirituality of women through spiritual gifts identification, development and application.
- 3) Encourage a supportive network among the sisterhood, the church, and the community.

NOTE: This is a Seventh-day Adventist Church sponsored event which is open to all denominations.

WEEKEND SCHEDULE:

CHECK-IN: Friday, 5/15/26 – Registration is from 2:00-6:00 pm (**Supper served from 6:00-6:50 pm**)

CHECK-OUT: Sunday, 5/17/26 at 11:00 am

(NOTE: Due to the remote location, we highly recommend planning to arrive by 6:30 pm.)

EVENT GUIDELINES:

- 1) Attendees must be 18 years of age, no exceptions.
- 2) **No unregistered guests, walk-ins, or same day registrations will be allowed under any circumstances.**
- 3) This is a **"Women Only"** event and no males, including spouses, are permitted for any reason.
- 4) Alcoholic beverages, smoking and/or vaping **are not** permitted on the premises.
- 5) Pets **are not** allowed, except for certified Guide Dogs for the Blind.

FREE WiFi for most cell phone providers (another option in Leoni Lodge using Impublic)

WHAT TO BRING:

Bible ▪ Walking Shoes ▪ Comfortable Clothes ▪ Warm Jacket ▪ Devotional ▪ Water Bottle ▪ Binoculars ▪ Journal ▪ Flashlight ▪ Personal Items ▪ **A Sister-Friend!**

GENERAL INFORMATION

RETREAT INCLUDES: Two-night stay in a lodge or cabin, five vegetarian/vegan meals, access to all worship services, workshops, materials, social fellowship and custom t-shirt (**order placed on 4/14/26**).

- **Meadow View Inn Lodge** – Motel-type room complete with private bathroom, all linen, pillows, towels and individual heat/air conditioner.
- **Cabin** – Equipped with four bunk beds, mattress, bathroom with shower, kitchenette and heating. Guests must bring their own linen (bedding, pillow, towels). **Maximum Capacity: 10 Total**

Space is limited and early registration is encouraged to secure your preferred lodge or cabin space. Registered guests will receive an email confirmation after their application and payments are submitted

REGISTRATION SCHEDULE:

- 12/1/25 – 2/15/26 – “Early Bird” Online Registration Opens
- 2/16/26 – 3/16/26 – Standard Registration (Increases \$30)
- 3/17/26 – 4/14/26 – Late Registration (Increases \$40)
- **4/15/26 – Registration Closes**

EARLY BIRD RATES (Ends 2/15/26)

- Lodge - \$335/per person (**DOUBLE OCCUPANCY**) ▪ \$385/per person (**SINGLE OCCUPANCY**)
- Cabin - \$235/per person (8-10 GUESTS)
- Saturday/Sabbath ONLY - \$125/per person (Includes breakfast, lunch and afternoon seminars with **no overnight housing or t-shirt**)

STANDARD RATES (Ends 3/16/26)

- Lodge - \$365/per person (**DOUBLE OCCUPANCY**) ▪ \$415/per person (**SINGLE OCCUPANCY**)
- Cabin - \$265/per person (8-10 GUESTS)
- Saturday/Sabbath ONLY - \$145/per person (Includes breakfast, lunch and afternoon seminars with **no overnight housing or t-shirt**)

LATE REGISTRATION RATES (Ends 4/14/26)

- Lodge - \$405/per person (**DOUBLE OCCUPANCY**) ▪ \$455/per person (**SINGLE OCCUPANCY**)
- Cabin - \$305/per person (8-10 GUESTS)
- Saturday/Sabbath ONLY - \$165/per person (Includes **breakfast**, lunch and afternoon seminars with **no overnight housing or t-shirt**)

REFUND POLICY:

- **Before 4/2/26** – a full refund, minus \$40 processing fee
- **Effective 4/3/26 – no refunds allowed (please read note below)**

NOTE: If a **registered guest** is unable to attend, **a replacement can be selected by 4/15/26**. The replacement guests full name and contact information **must be submitted in writing to southgatewomen@gmail.com to confirm change.**

OPTIONAL MASSAGE SERVICE: Private full-body massages will be offered on Friday afternoon only. The experienced masseuse team has over 15-years of professional experience. **The 50-minute massage is being offered at a “special rate” of \$70/per person (includes tip!)**

Massage Guidelines:

- 1) The reservation must be **prepaid in-full**, on the **Deluxe Massage Treatment** page.
- 2) Limited appointments are available, and reservations will be processed on a first-come, first-served basis.
- 3) All sales are final, and no refunds are allowed, **except for a retreat cancellation. However, if we have a wait list, a reservation exchange may be available.**
- 4) **Clients must arrive 15 minutes before their massage appointment to properly prep.**
- 5) Check “Deluxe Massage Treatment” after registering to submit a **separate payment** for the service.
- 6) **Due to time restrictions, missed appointments will not be rescheduled.**