



21 DAYS OF PRAYER
PRAYER JOURNAL

Color the place you would like to pray to Jesus.

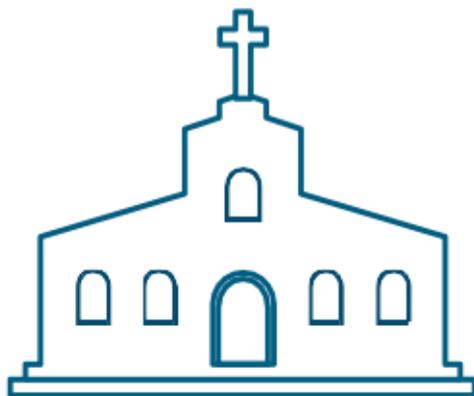


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Lifestyle Prayer

Very early in the morning, while it was still dark, Jesus got up, left the house, and went off to a solitary place, where He prayed.

Mark 1:35

Jesus prayed **every day**.
Jesus prayed in a certain **place**.
Jesus prayed with a **plan**.

When will your prayer time be?
Circle your answer!

WHEN I WAKE UP

AFTERNOON

BEFORE I SLEEP

Day 1

MY PRAYER PLAN

Whenever Jesus prayed, He always had a plan. He had things on His heart that He wanted to pray for, and He knew how He wanted to pray for them.

WRITE DOWN OR DRAW A PICTURE
OF THE PEOPLE AND THINGS
YOU WANT TO PRAY FOR.

Day 2

THE LORD'S PRAYER

Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts,
as we have also forgiven our debtors.
And lead us not into temptation,
but deliver us from evil.
For yours is the kingdom and the power
and the glory, forever. Amen.

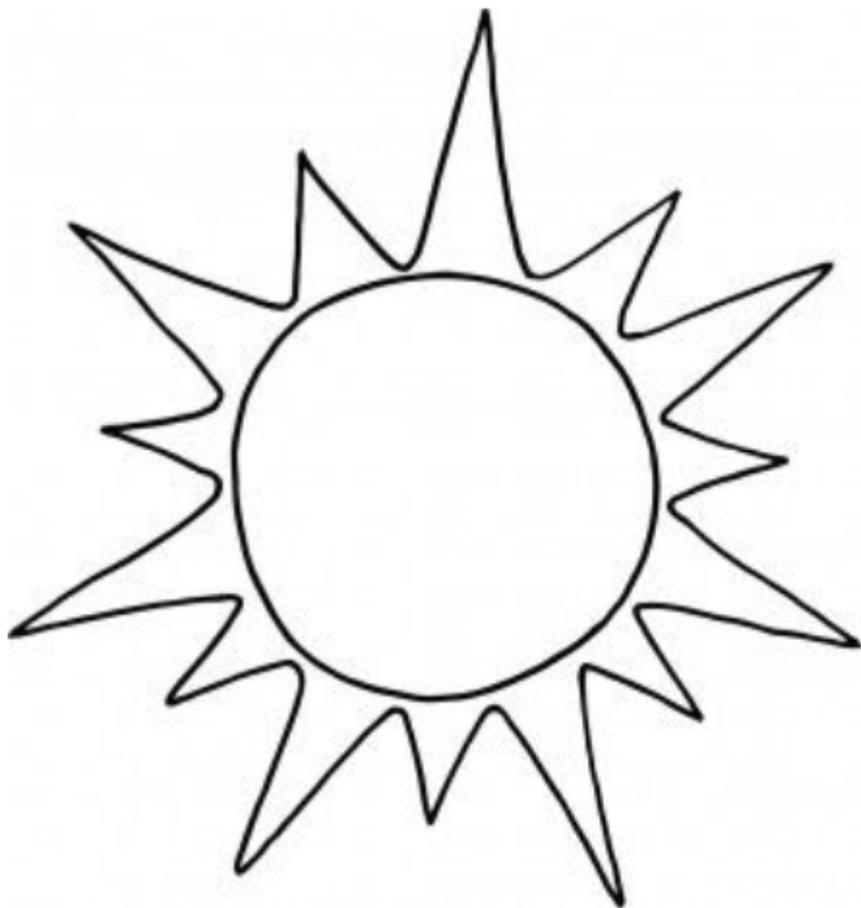
Matthew 6:9-13

This is how Jesus taught us to pray. We will go through this prayer for the rest of the week so you can remember it and pray it always.

Day 3

OUR FATHER IN HEAVEN...

Talking to God is not difficult.
He is your Father who loves you!



"Dear God..."

"Hi Dad..."

"Good morning Lord!"

Day 4

...HALLOWED BE YOUR NAME...

JESUS

MATCH WHO HE IS WITH
WHAT HE CAN DO!

- | | |
|-----------|---------------------------------------------|
| HEALER | God makes my pain go away. |
| FRIEND | God is in charge and wants the best for me. |
| PEACE | I am happy because God makes me smile. |
| LOVE | God is always with me. |
| HOPE | God makes me calm in tough times. |
| JOY | God is on my side and will fight for me. |
| KING | God loves me no matter what. |
| PROTECTOR | God is my hope for the future. |

Day 5

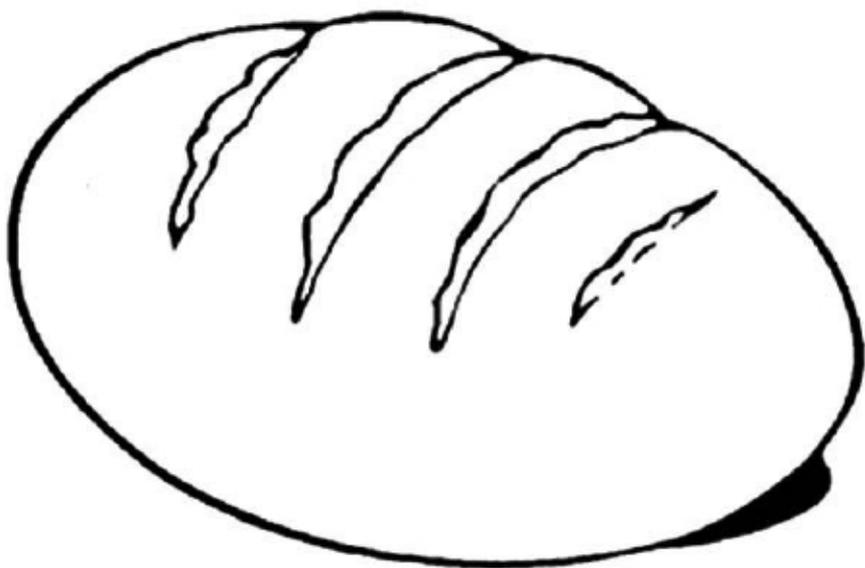
...YOUR KINGDOM COME,
YOUR WILL BE DONE,
ON EARTH AS IT IS IN HEAVEN...



WRITE DOWN AND PRAY FOR THE
THINGS GOD WANTS FOR YOU AND FOR
THE WORLD.

Day 6

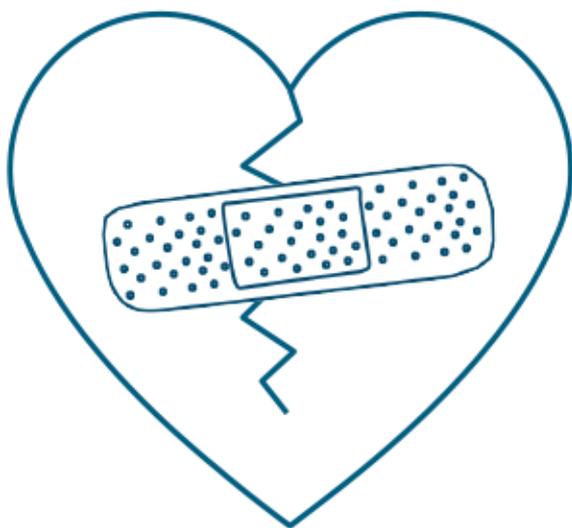
...GIVE US THIS DAY OUR
DAILY BREAD...



ASK GOD FOR WHAT YOU WANT AND NEED.
WHAT ARE YOU TRUSTING GOD FOR?

Day 7

...AND FORGIVE US OUR DEBTS,
AND WE FORGIVE OUR DEBTORS...



What do you need to ask forgiveness for?
What do you need to forgive someone for?
Once you have prayed, color in the sentences below.

I AM FORGIVEN.

I CAN FORGIVE.

Day 8

...AND DO NOT LEAD US INTO
TEMPTATION, BUT DELIVER
US FROM EVIL...



REPLACE THE LIES YOU MAY HAVE HEARD
WITH WHAT GOD SAYS ABOUT YOU.

"I am mean."

I can be a friend like Jesus.

"I am ugly."

I am fearfully and wonderfully made.

"I don't have friends."

Jesus loves me and I am never alone.

"If I lie, I won't get in trouble."

I can tell the truth and not be afraid.

"If I do what's wrong, I'll be cool."

My identity comes from Jesus.

Day 9

FOR YOURS IS THE KINGDOM
AND THE POWER AND THE
GLORY FOREVER. AMEN.



WITH GOD, ALL THINGS ARE POSSIBLE.

MATTHEW 19:26

Day 10

GIVE THANKS

Give thanks in all circumstances, for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:18

Hi Jesus,

I am so thankful for You and all that You have given me.

Today, I thank you for my family!

I thank you that I get to wake up and have a new day!

Today I pray for

Thank you for the food I eat, the clothes I wear, and the house I live in.

Thank you for

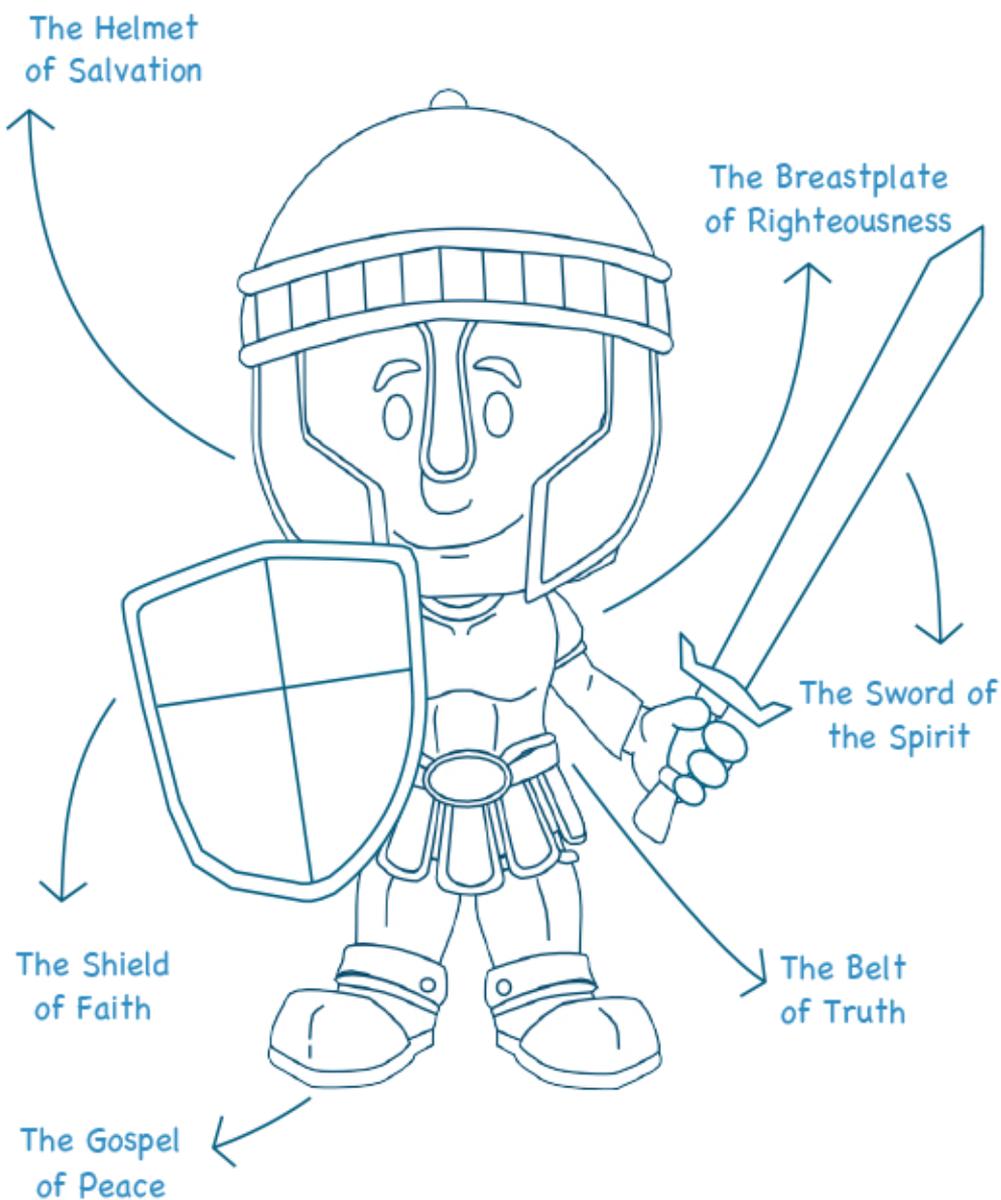
Thank you for dying for me and for giving me new life.

Help me be more like You, Jesus.

In Your name I pray, Amen.

Day 11

THE ARMOR OF GOD



Day 12

THE ARMOR OF GOD PRAYER

Jesus,

Today I put on the full armor of God. I am protected.

I put on the **belt of truth** to speak and walk honestly.

I put on the **breastplate** to do what is right.

I strap on my feet the **gospel of peace** to be ready.

I will wear the **helmet of salvation**. Jesus, you love me, and I belong to You!

I carry the **shield of faith** to block the attacks from my enemies. I know You are with me.

I will carry the **sword of the Spirit**. It is the Word of God.

I will pray on all occasions, everywhere, for anything. I will be alert and never stop praying daily for those around me.

In Your name I pray,

Amen.

THE LORD IS MY SHEPHERD

The LORD is my shepherd; I shall not want.
He makes me lie down in green pastures.
He leads me beside quiet waters.
He restores my soul.
He leads me in paths of righteousness
for his name's sake.

Psalm 23:1-3



Day 14

I WILL FEAR NO EVIL

Even though I walk through the
valley of the shadow of death,
I will fear no evil, for you are with me;
your rod and your staff, they comfort me.

Psalm 23:4



YOU PREPARE A TABLE

You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

Psalm 23:5

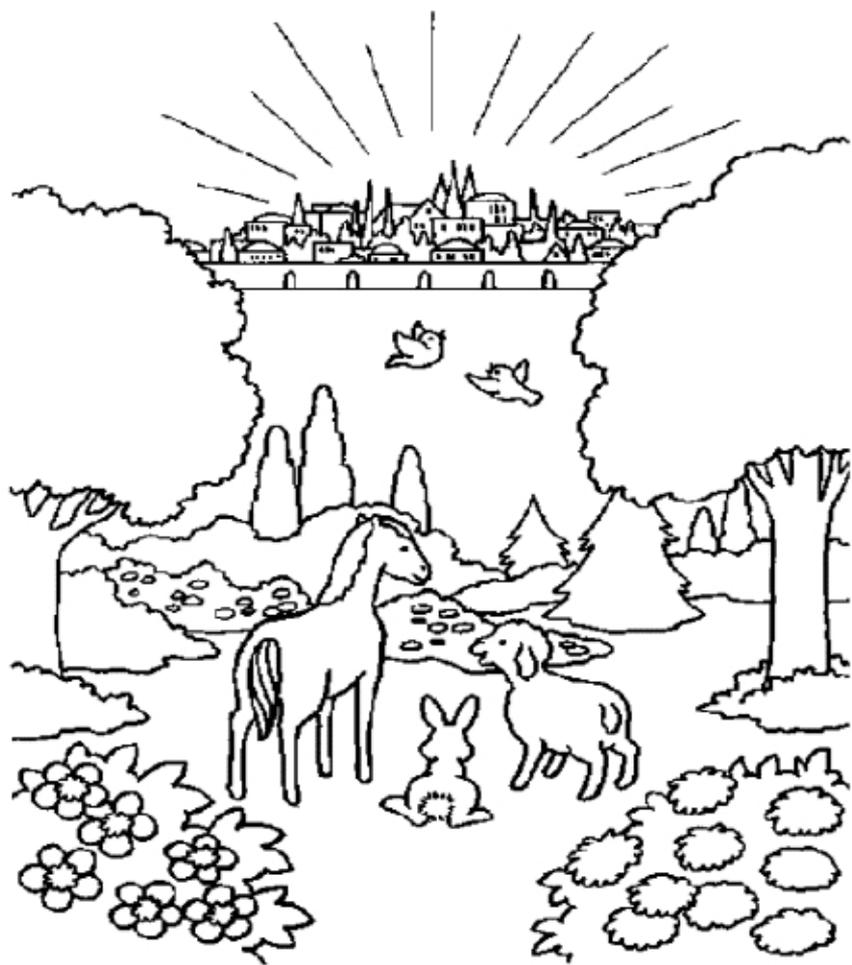


Day 16

I SHALL DWELL IN YOUR HOUSE

Surely goodness and mercy
shall follow me all the days of my life,
and I shall dwell in the house of the LORD forever.

Psalm 23:6

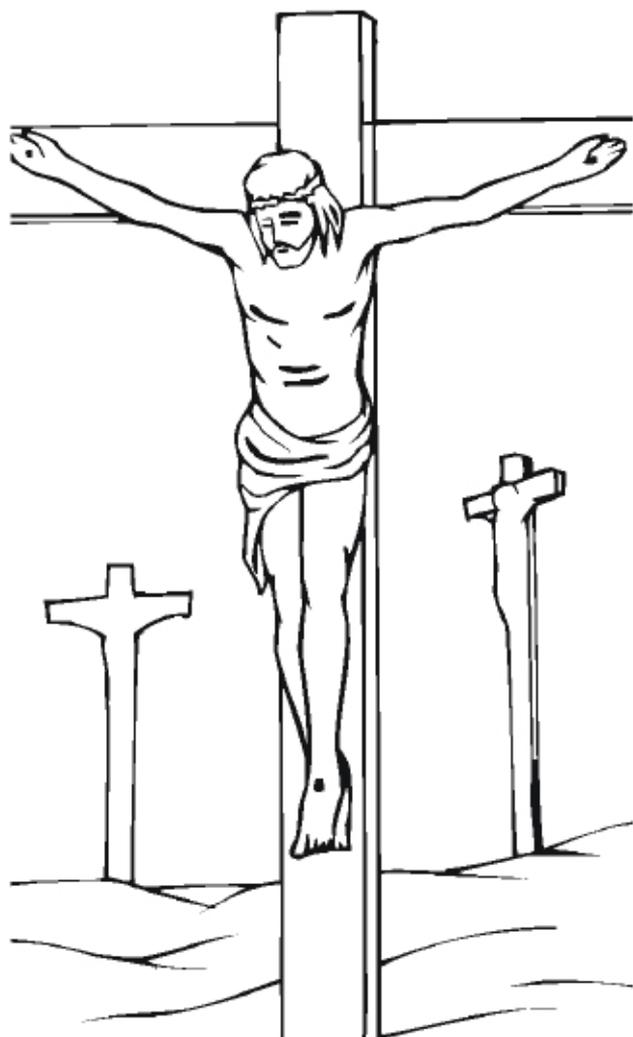


Day 17

THE GOOD SHEPHERD

I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for the sheep.

John 10:14-15



Day 18

YOUR WILL BE DONE

And Jesus said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will."

Mark 14:36

SOMETIMES WHAT GOD WANTS IS NOT
WHAT WE WANT. REPLACE WHAT YOU
WANT WITH WHAT GOD WANTS FOR YOU.

I don't want to listen to my parents.

God wants me to listen to my parents.

I want to fight with my brother / sister.

God wants me to be kind to my brother / sister.

I don't want to share.

God wants me to share with a smile.

I want to complain sometimes.

God wants me to be satisfied with what I have.

I want to make fun of others.

God wants me to love others and protect the weak.

Day 19

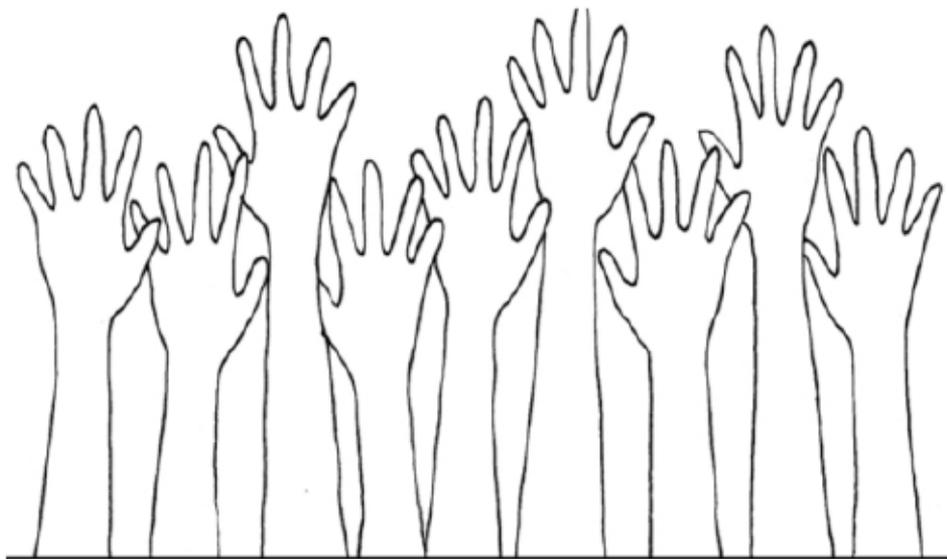
SEND ME!

And I heard the voice of the Lord saying,
"Whom shall I send and who will go for us?"

Then I said, "Here I am! Send me."

And he said, "Go."

Isaiah 6:8-9



EVERYONE NEEDS THE LOVE OF JESUS.
ASK GOD TO SEND YOU TO YOUR
FAMILY, TO YOUR
FRIENDS, AND TO YOUR
CLASSMATES TO TELL THEM HOW MUCH
GOD LOVES THEM.

Day 20

PRAY FOR ALL PEOPLE

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people...

1 Timothy 2:1



**NO MATTER WHO WE ARE, JESUS LOVES US.
PRAY FOR EVERYONE YOU CAN THINK OF.**

Day 21

LORD, COME

"Surely I am coming soon."
Amen. Come, Lord Jesus!

Revelation 22:20



Jesus loves you and is proud of you.
He is coming back one day to make all things new!

ASK HIM TO COME BACK SOON.
ONE DAY, HE WILL RETURN.