**PSALM 1**

**1**Blessed is the man
Who walks not in the counsel of the ungodly,
Nor stands in the path of sinners,
Nor sits in the seat of the scornful;

**2**But his delight is in the law of the Lord,
And in His law he meditates day and night.

**3**He shall be like a tree
Planted by the rivers of water,
That brings forth its fruit in its season,
Whose leaf also shall not wither;
And whatever he does shall prosper.

**4**The ungodly are not so,
But are like the chaff which the wind drives away.

**5**Therefore the ungodly shall not stand in the judgment,
Nor sinners in the congregation of the righteous.

**6**For the Lord knows the way of the righteous,
But the way of the ungodly shall perish.

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**S.P.A.C.E.P.E.T.S.**

1. Pray and ask God to speak to your heart from His Word. Ask Him to show you something specific He wants to teach you.
2. Read a portion of scripture 3-5 times, or more!
3. Ask yourself the following questions.
4. Act upon what the Holy Spirit communicates to you through the Word.

**Is there a…**

* **Sin** to confess? Do I need to make any restitution?
* **Promise** to claim? Is it a universal promise? Have I met the condition(s)?
* **Attitude** to change? Am I willing to work on a negative attitude and begin building toward a positive one?
* **Command** to obey? Am I willing to do it no matter how I feel?
* **Example** to follow? Is it a positive example for me to copy, or a negative one to avoid?
* **Prayer** to pray? Is there anything I need to pray back to God?
* **Error** to avoid? Is there any problem that I should be alert to or beware of?
* **Truth** to believe? What new things can I learn about God the Father, Jesus Christ, the Holy Spirit, or other biblical teachings?
* **Something** to praise God for? Is there something here I can be thankful for?

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