

# OLA STAFF

## JUNE 2024

### Focus: The Ten Commandments

#### Lesson Overview:

The Ten Commandments

**Exodus 20:1-17**

Jesus teaches the two main commandments

**Matthew 22:37-40**

He references The Levitical Codes

**Leviticus 19:1-37**

#### Ten Commandments Song & Video for Kids:

15 minutes Animation singing for kids.

[https://youtu.be/7gk1\\_OeLpJc?si=-Y4QXR08Wy0O\\_Flb](https://youtu.be/7gk1_OeLpJc?si=-Y4QXR08Wy0O_Flb)

“Lord, I lift Your Name on High.”

<https://youtu.be/Lg6TlnxDfIE?si=7sV4XZJ0aOscdtQg>

Video – teaching the Ten Commandments by kids.

<https://youtu.be/N1LMfmr7vP0?si=stGmilhhFBkV4fTn>

### Agenda

Sign-in

Welcome

Prayer

Song

Lesson

Lunch

Outside time

Clean-up and Dismissal

**Week One-** Introduction to the Ten Commandments

Lesson: Elder Dr. Jordan and Sis. Aziza

Text: **Exodus 20:1-17**

The teachers Introduced the “Ten Commandments” and watched Super Book to illustrate the meaning.

Kelly provided lunch.

**Week Two:** Ten Commandments, Father’s Day Craft, prepare for Youth Sunday

Lesson: Bro Diamonte and Si. Tyonda

Text: **Matthew 22:37-40**

Topic- What does Jesus say about commandments?

Review Exodus 20:1-17

Activity- Father’s Day Craft

Youth Sunday Preparation:

Get Volunteers to serve: CW, Praise and Worship, Prayer, Offering, and First Touch

Pictures will be taken by Elder Fitz and put on a power point. Each child will be asked to come into the kitchen to take a photo and present their bio form.

Sis. Alisa will create and provide a Bio form. Kids/parents will fill out prior to taking the picture.

Food: Big Rod

### **Week Three:** Father's Day and Youth Spotlight

8:45am Youth Volunteers

9:15am Hospitality

9:30am Youth Spotlight

Teacher Volunteers – to assist the kids during the Spotlight

Call out names on certificates \_\_\_\_\_

Certificate \_\_\_\_\_

Help them walk up the stairs \_\_\_\_\_

Serving in the sanctuary \_\_\_\_\_

Refreshments \_\_\_\_\_

Crafts Presented to the fathers \_\_\_\_\_

Youth celebrated with a Power point presentation (picture, accomplishments, song)

Praise and Worship

Fathers celebrated

The Word

### **Week Four**

Teachers: Elder Maddison Cheek- teens

Min. Glenda Hall, Sis Michellie and Bro Bryan- ages 5-12

Lesson: How Do you Love Your Neighbor?

Text: **Leviticus 19:1-37**

Review- Jesus teaches the two main commandments **Matthew 22:37-40**

Review- He makes references to The Ten Commandments **Exodus 20:1-17**

New Lesson He references The Levitical Codes **Leviticus 19:1-37**

**Activity: Create a Video for OLA teaching other kids about the Ten Commandments**

## TOPIC: The Commandments

Text:

Jesus teaches the two main commandments	<b>Matthew 22:37-40</b>
He makes references to The Ten Commandments	<b>Exodus 20:1-17</b>
He references The Levitical Codes	<b>Leviticus 19:1-37</b>

Ten Commandments Song & Video for Kids:

15 minutes Animation singing for kids.

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## Week Two Lesson

### Teacher Discussion:

Why should we know the commandments?

Answer: We are disciples of Jesus Christ.

What does it mean to be a disciple?

Answer: Someone who follows the teachings of Jesus, GOD, and uses His words *The Holy Bible to live by*.

Jesus taught us to obey His commands.

What are the commands of Jesus? Read Matthew 22:37-40

Matthew 22:37 “Love the Lord your God with all your heart and with all your soul and with all your mind.

Matthew 22:38 “THIS IS THE FIRST AND GREATEST COMMANDMENT.

Mathew 22:39 “And the SECOND is like it: LOVE YOUR NEIGHBOR AS YOURSELF.”

Additional reference: Matthew 7:12 In everything, then, do to others as you would have them do to you. For this is the essence of the Law and the Prophets.

Matthew 22:40 “All the LAW and the PROPHETS hang on these two commandments.”

### What is the commandments Jesus calls the Law?

#### The TEN Commandments

Let's read them today!!!

Turn with me Exodus 20

You read about them last week. Let's review what you already know.

Can anyone name the ten commandments by heart? What does each one mean to you?

## What is the commandments Jesus calls the Law?

### The TEN Commandments

#### Exodus 20:1-17 Message Translation

**20** <sup>1-2</sup> GOD spoke all these words:

I am GOD, your God,  
who brought you out of the land of Egypt,  
out of a life of slavery.

<sup>3</sup> No other gods, only me.

<sup>4-6</sup> No carved gods of any size, shape, or form of anything whatever, whether of things that fly or walk or swim. Don't bow down to them and don't serve them because I am GOD, your God, and I'm a most jealous God, punishing the children for any sins their parents pass on to them to the third, and yes, even to the fourth generation of those who hate me. But I'm unswervingly loyal to the thousands who love me and keep my commandments.

<sup>7</sup> No using the name of GOD, your God, in curses or silly banter; GOD won't put up with the irreverent use of his name.

<sup>8-11</sup> Observe the Sabbath day, to keep it holy. Work six days and do everything you need to do. But the seventh day is a Sabbath to GOD, your God. Don't do any work—not you, nor your son, nor your daughter, nor your servant, nor your maid, nor your animals, not even the foreign guest visiting in your town. For in six days GOD made Heaven, Earth, and sea, and everything in them; he rested on the seventh day. Therefore, GOD blessed the Sabbath day; he set it apart as a holy day.

<sup>12</sup> Honor your father and mother so that you'll live a long time in the land that GOD, your God, is giving you.

<sup>13</sup> No murder.

<sup>14</sup> No adultery.

<sup>15</sup> No stealing.

<sup>16</sup> No lies about your neighbor.

<sup>17</sup> No lusting after your neighbor's house—or wife or servant or maid or ox or donkey. Don't set your heart on anything that is your neighbor's.

## Father's Day Crafts to choose from:

Tie: About my Dad <https://pin.it/9T4luyIWs>

Tie: Special Man- Uncle, PaPa, brother <https://pin.it/2dhEbvovE>

Card: Happy Father's Day <https://pin.it/41dNHhtBj>

Feel free to create your own craft for Father's Day. Please remember to include options for kids who don't have their father but have an important male in their life (Uncle, PaPa, Big Brother, Pastor, Elder/Minister, Mentor Cousin etc.)

## Week Four

### HOW DO YOU LOVE YOUR NEIGHBOR?

WHO IS MY NEIGHBOR: FAMILY, FRIENDS, CO WORKERS,  
CLASSMATES, NEIGHBORS, CHURCH MEMBERS AND FOREIGNERS

### The Levitical Codes

**Romans 12:19** “Vengeance is Mine. I will repay, says the Lord.”

**Leviticus 19:18** Thou shalt not avenge nor bear any grudge love your neighbor as yourself.

Teacher:

Where did that come from? The Old Testament Levitical codes. They were rules God gave to Moses to teach the people how to live Holy like God.

Let’s read the message version and see if any of these commands remind you of rules in school or at home.

**For time’s sake, focus on the highlighted commands.**

Read Leviticus 19 The Message Translation

#### “I Am GOD, Your God”

**19** <sup>1-2</sup> GOD spoke to Moses: “Speak to the congregation of Israel. Tell them, be holy because I, GOD, your God, am holy.

<sup>3</sup> “Every one of you must respect his mother and father.

“Keep my Sabbaths. I am GOD, your God.

<sup>4</sup> “Don’t take up with no-God idols. Don’t make gods of cast metal. I am GOD, your God.

<sup>5-8</sup> “When you sacrifice a Peace-Offering to GOD, do it as you’ve been taught so it is acceptable. Eat it on the day you sacrifice it and the day following. Whatever is left until the third day is to be burned up. If it is eaten on the third day, it is polluted meat and not acceptable. Whoever eats it will be held responsible because he has violated what is holy to GOD. That person will be cut off from his people.



9-10 "When you harvest your land, don't harvest right up to the edges of your field, or gather the gleanings from the harvest. Don't strip your vineyard bare or go back and pick up the fallen grapes. Leave them for the poor and the foreigner. I am GOD, your God.

11 "Don't steal.

"Don't lie.

"Don't deceive anyone.

12 "Don't swear falsely using my name, violating the name of your God. I am GOD.

13 "Don't exploit your friend or rob him.

"Don't hold back the wages of a hired hand overnight.

14 "Don't curse the deaf; don't put a stumbling block in front of the blind; fear your God. I am GOD.

15 "Don't pervert justice. Don't show favoritism to either the poor or the great. Judge on the basis of what is right.

16 "Don't spread gossip and rumors.

"Don't just stand by when your neighbor's life is in danger. I am GOD.

17 "Don't secretly hate your neighbor. If you have something against him, get it out into the open; otherwise, you are an accomplice in his guilt.

18 "Don't seek revenge or carry a grudge against any of your people.

"Love your neighbor as yourself. I am GOD.

19 "Keep my decrees.

"Don't mate two different kinds of animals.

"Don't plant your fields with two kinds of seed.

"Don't wear clothes woven of two kinds of material.

20-22 "If a man has sex with a slave girl who is engaged to another man but has not yet been ransomed or given her freedom, there must be an investigation. But they aren't to be put to death because she wasn't free. The man must bring a Compensation-Offering to GOD at the entrance to the Tent of Meeting, a ram of compensation. The priest will perform the ritual of

atonement for him before GOD with the ram of compensation for the sin he has committed. Then he will stand forgiven of the sin he committed.

<sup>23-25</sup> "When you enter the land and plant any kind of fruit tree, don't eat the fruit for three years; consider it inedible. By the fourth year its fruit is holy, an offering of praise to GOD. Beginning in the fifth year you can eat its fruit; you'll have richer harvests this way. I am GOD, your God.

<sup>26</sup> "Don't eat meat with blood in it.

"Don't practice divination or sorcery.

<sup>27</sup> "Don't cut the hair on the sides of your head or trim your beard.

<sup>28</sup> "Don't gash your bodies on behalf of the dead.

"Don't tattoo yourselves. I am GOD.

<sup>29</sup> "Don't violate your daughter by making her a whore—the whole country would soon become a brothel, filled with sordid sex.

<sup>30</sup> "Keep my Sabbaths and revere my Sanctuary: I am GOD.

<sup>31</sup> "Don't dabble in the occult or traffic with mediums; you'll pollute your souls. I am GOD, your God. (witchcraft)

<sup>32</sup> "Show respect to the aged; honor the presence of an elder; fear your God. I am GOD.

<sup>33-34</sup> "When a foreigner lives with you in your land, don't take advantage of him. Treat the foreigner the same as a native. Love him like one of your own. Remember that you were once foreigners in Egypt. I am GOD, your God.

<sup>35-36</sup> "Don't cheat when measuring length, weight, or quantity. Use honest scales and weights and measures. I am GOD, your God. I brought you out of Egypt.

<sup>37</sup> "Keep all my decrees and all my laws. Yes, *do* them. I am GOD."

### Questions:

How many did you remember for the Ten Commandments?

Which were new commands?

Which ones do you feel are important today? Why?

## ACTIVITY: Create An OLA Video

### “Teaching the Ten Commandments”

Teacher: What did you think of the video we showed? Could you create one? Could you teach others today what God commands. Let's create a movie for OLA!

Directions:

You can act out the **Ten Commandments** or the **Levitical Codes** to teach others. In groups or pairs, choose ONE. Write out what it means and give one example of how people break that command today. Create a poster or backdrop to help illustrate your teaching. Video tape you're teaching and add sound and graphics.

REMEMBER:

1. Select only one commandment.
2. Be creative and plan your video.
3. Choose an age group to teach.
4. Write the script of what to say.
5. Video tape your presentation
6. Send to your teacher and [firstlady@visitonelove.live](mailto:firstlady@visitonelove.live) or (919) 412-3601.

BONUS: Create a video for all Ten Commandments or ten of the Levitical Codes.

## TEEN LESSON

Hey, awesome teens! Welcome to today's Sunday lesson where we're going to dive deep into an important topic: **Living by God's Laws**. Now, you might be thinking, "Why do we need to learn about rules and commandments?" Well, I'm glad you asked! Understanding and embracing God's laws is crucial for teenagers like you who are on a journey of growing in faith. Here's why:

1. **Foundation for Life:** The Ten Commandments provide a solid foundation for living a life that honors God and reflects His character. They guide us in making wise choices and developing godly characters.
2. **Love and Obedience:** Jesus said, "If you love me, keep my commandments" (John 14:15). By studying the Ten Commandments, we learn how to love God and others through our actions and obedience.
3. **Counter-Cultural:** In a world that often encourages us to prioritize self, pleasure, and instant gratification, following God's laws sets us apart as His disciples. It helps us stand against the cultural norms that may lead us away from God's best for us.
4. **Protection and Blessing:** God's commandments are not meant to restrict us but to protect us from harm and lead us into His blessings. When we live by His laws, we experience the fullness of life and His favor.

So, are you ready to explore the Ten Commandments together? Let's dive in!

### Bible Reading: Exodus 20:1-17

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#### Exodus 20:1-17 (NIV)

"And God spoke all these words:

1. "I am the Lord your God, who brought you out of Egypt, out of the land of slavery.
2. "You shall have no other gods before me.
3. "You shall not make for yourself an idol or worship any other gods.
4. "You shall not misuse the name of the Lord your God.
5. "Remember the Sabbath day by keeping it holy.

6. "Honor your father and your mother.
7. "You shall not murder.
8. "You shall not commit adultery.
9. "You shall not steal.
10. "You shall not give false testimony against your neighbor.
11. "You shall not covet anything that belongs to your neighbor."

## Exploring the Commandments for Teenagers

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Let's take a closer look at each of the Ten Commandments and understand their significance in our lives.

### 1. Commandment One: No Other Gods

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- **Explanation:**
  - God wants to be our top priority. He alone deserves our worship and loyalty.
  - This commandment calls us to reject idolatry and anything that replaces God as the center of our lives.
- **Discussion Questions:**
  1. What are some modern-day "idols" that can distract us from worshiping God?
  2. How can we practically put God first in our lives?

### 2. Commandment Two: No Idols

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- **Explanation:**
  - God is incomparable, and creating idols to worship hinders our relationship with Him.
  - This commandment teaches us to focus on the true nature of God and not create distorted images or representations of Him.
- **Discussion Questions:**
  1. What are some common idols people can be tempted to worship today?
  2. How can we avoid falling into the trap of idolizing material possessions or celebrities?

### 3. Commandment Three: Reverence for God's Name

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- **Explanation:**
  - Misusing God's name dishonors Him. We are called to treat God's name with respect and use it in a manner that reflects His holiness.
  - This commandment reminds us of the power and significance of God's name.
- **Discussion Questions:**

1. How can we demonstrate reverence for God's name in our daily lives?
- 
0. In what ways do people commonly misuse God's name?

... (continue with the remaining commandments)

## Youth Group Game: Commandment Challenge

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Now, let's have some fun with the Commandment Challenge game! Divide into teams and give each team a set of cards with one commandment written on each card. The goal is for each team to arrange the commandments in the correct order as quickly as possible. The first team to complete the challenge wins!

This game will not only test your knowledge of the commandments but also reinforce your understanding of their sequence and significance.

## Closing Prayer

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Dear Heavenly Father,

Thank You for revealing Your commandments to us and for giving us guidelines to live by. Help us, Lord, to internalize these commandments, not just as a set of rules, but as a reflection of our love for You and others. Give us the wisdom and strength to live in obedience to Your laws and to seek Your grace when we fall short. May Your Spirit guide us daily as we navigate this world and strive to follow You wholeheartedly.

In Jesus' name, we pray. Amen.

Remember, teens, living by God's laws is an ongoing journey. Seek His guidance, rely on His grace, and support one another as we walk this path together. Stay encouraged and keep growing in your faith!

## Week Two and Four

Ages five and up

### **Paraphrase of the Ten Commandments**

**Teacher Directions:** After reading aloud the ten commandments in Exodus, read each paraphrased commandment twice. Ask the students to repeat what you said too. Ask volunteers to name at least one. Then ask them in groups to name all ten and put them in order.

**Bonus:** Ask the students to explain or give one example of each commandment. watch **Teaching the Ten Commandments by kids.**

<https://youtu.be/N1LMfnr7vP0?si=stGmilhhFBkV4fTn>

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#### **Handout**

**What are the ten Commandments in simple terms? Try to memorize them and put them in order (1-10)**

**Put God First**

**No fake gods**

**Respect God's name**

**Respect God's Day of rest**

**Respect your parents.**

**Do not kill people**

**Respect marriage**

**Do not steal**

**Do not lie**

**Do not be jealous.**

**What are the ten Commandments in simple terms? Try to memorize them and put them in order (1-10) KEY.**

You can cut them into stripes (cutting off the numbers) and ask them to put them in the right order.

- 1. Put God First**
- 2. No fake gods**
- 3. Respect God's name**
- 4. Respect God's Day of rest**
- 5. Respect your parents.**
- 6. Do not kill people.**
- 7. Respect marriage.**
- 8. Do not steal.**
- 9. Do not lie.**
- 10. Do not be jealous.**





I am the GOD who saved you

#1  
Put GOD first

#2  
No fake gods

#3  
Respect  
GOD's name

#4  
Respect GOD's  
day of rest

#5  
Respect your  
parents

#6  
Do not kill  
people

#7  
Respect  
marriage

#8  
Do not steal

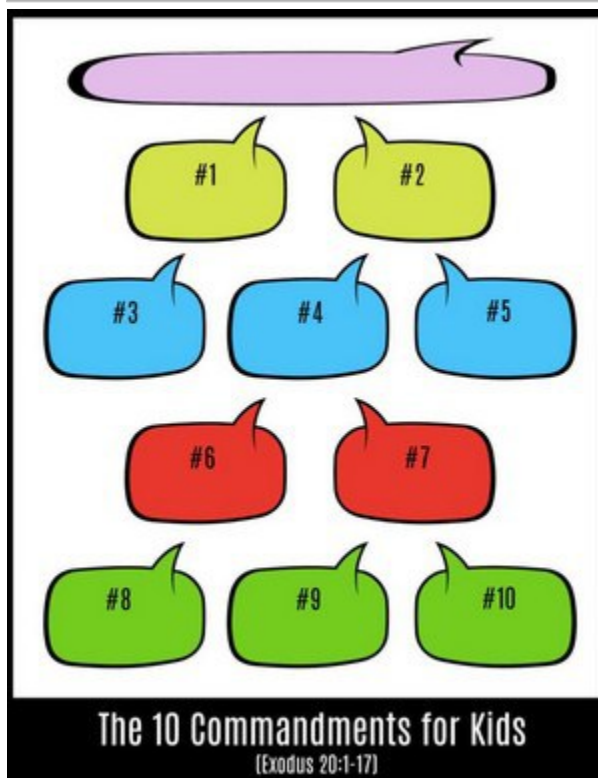
#9  
Do not lie

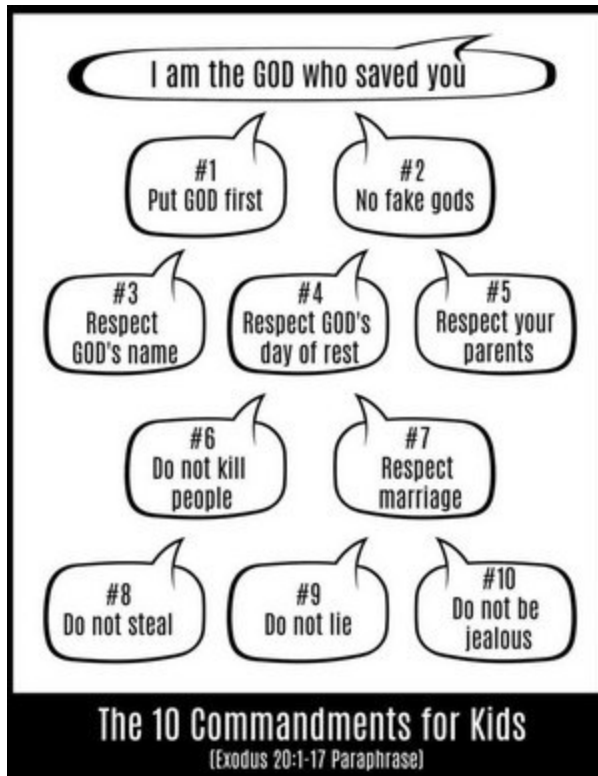
#10  
Do not be  
jealous

The 10 Commandments for Kids

## Handout #2

Label the Ten Commandments in the spaces.





# Free Coloring Book based on the Ten Commandments

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## Ten Commandments Coloring Pages

### Printable Ten Commandments Coloring Book (10 pages) PDFDownload



Download our complete coloring book that illustrates the meaning of each of the commandments.

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## Why do God's 10 commandments still matter?

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**The 10 Commandments** (Exodus 20:1–17 (compare 5 translations) and Deuteronomy 5:4–21) are key to understanding the Old Testament and by extension the ministry of Jesus. They show us God's moral standard for how his people should live. This is a scripture passage that kids need to memorize, but language can get in the way. Here is our way to make them understandable for even preschool aged children. As kids mature, they should learn the original Bible verses.

**God's rules protect us from ourselves** – they are a guide to living a life of blessing in this fallen world. It's important for *kids and families* to learn the *God's rules* for life. Like everything in the Bible, the commandments show us how a moral lifestyle will protect us from danger and minimize suffering. We think this is a super important lesson for kids to learn at a very young age.

**God's LAW leads us to Christ** because only he was the perfect example of keeping *God's rules*. They are a tutor showing children how the life of obedience can be hard and only Jesus can empower us to live in a right relationship to our creator. It's not about being a good moral person (it's more important) because the commandments prepare our hearts to repent and accept Christ. This is the hope in teaching children what the Bible says.

## Ten Commandments Song & Video for Kids:

**15 minutes Animation singing for kids.**

[https://youtu.be/7gk1\\_OeLpJc?si=-Y4QXR08Wy0O\\_Flb](https://youtu.be/7gk1_OeLpJc?si=-Y4QXR08Wy0O_Flb)

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<p><b>Ten Commandments for Kids Paraphrase</b></p> <p><b>Ten</b></p> <p><b>Commandments</b></p> <p><b>(NIV) Exodus</b></p> <p><b>20:1-17</b></p> <p><b>(real version)</b></p>	<p><b>Ten</b></p> <p><b>Commandments</b></p> <p><b>for Kids</b></p> <p><b>(paraphrase in</b></p> <p><b>simple terms)</b></p>
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Here are all the words God spoke. He said, "I am the Lord your God. I brought you out of Egypt. That is the land where you were slaves.

I am the God who saves.

- |    |                                                                                                                                                                                             |                            |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| 1  | "Do not put any other gods in place of me.                                                                                                                                                  | Put God first.             |
| 2  | "Do not make for yourself statues of gods that look like anything in the sky. They may not look like anything on the earth or in the waters either. Do not bow down to them or worship them | Do not make fake gods.     |
| 3  | Do not misuse the name of the Lord your God                                                                                                                                                 | Respect God's name.        |
| 4  | Remember to keep the Sabbath day holy.                                                                                                                                                      | Respect God's Day of rest. |
| 5  | Honor your father and mother.                                                                                                                                                               | Respect your parents.      |
| 6  | Do not murder.                                                                                                                                                                              | Do not kill people.        |
| 7  | Do not commit adultery.                                                                                                                                                                     | Respect marriage promises. |
| 8  | Do not steal                                                                                                                                                                                | Do not steal.              |
| 9  | Do not be a false witness against your neighbor.                                                                                                                                            | Do not lie.                |
| 10 | Do not want to have anything your neighbor owns.                                                                                                                                            | Do not be jealous.         |

This is only a paraphrase of Exodus 20:1–17 and Deuteronomy 5:4–21 to help children understand.

## The Ten Commandments in KJV

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### EXODUS 20:1-17 KJV

- 1 And God spake all these words, saying,
- 2 I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage.
- 3 Thou shalt have no other gods before me.
- 4 Thou shalt not make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.
- 5 Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;
- 6 And shewing mercy unto thousands of them that love me, and keep my commandments.
- 7 Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
- 8 Remember the sabbath day, to keep it holy.
- 9 Six days shalt thou labour, and do all thy work:
- 10 But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:
- 11 For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
- 12 Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
- 13 Thou shalt not kill.
- 14 Thou shalt not commit adultery.
- 15 Thou shalt not steal.
- 16 Thou shalt not bear false witness against thy neighbour.
- 17 Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.