



Wisdom is finding out what you should do and doing it.

DAY 1

Read Proverbs 22:3

Do you love to go to the movies? One thing that can make a good movie great is the soundtrack. The music in a movie provides clues to tell you what's about to happen. If you turned the sound to mute, the viewing experience just wouldn't be the same.

Wouldn't it be awesome if right before something bad was about to happen, there was music playing to tip us off? While we don't have automatic soundtracks playing in our heads, we can watch for clues that danger is ahead. That's why we have to pay attention, listen, and observe. And when it looks like you're heading towards a situation where you might do or say something that's unwise, stop! Don't go any further. If you want to be wise, stop and think before you act.

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Ask an adult if you can watch a scene or two from your favorite action movie. As you watch the action on screen, push the mute button every once and awhile. How does it change your viewing experience? Read today's verse and then pray together. Ask God to help you pay attention and think before you act so you can be wise.

## DAY 2

### Read Proverbs 10:19

Have you ever done something wrong and tried to cover it up with a made up story to avoid getting caught? Sometimes one lie can lead to another lie which leads to another lie and so on and so on. And before you know, you've created such a tall tale that even you can't remember what you said.

Words can definitely get you into trouble! It's better to stop yourself before you let that story fly from your lips. Because adding more and more words won't help the situation. Only the truth can do that. That's why we should stop and think before we speak.

Gather with your family and look up this verse. Discuss the questions below. Then challenge each person around the table to stick out their tongue, hold it between their thumb and index finger and try to recite the verse!

### Questions:

How can more words lead to more trouble?  
Why do you think it's important to think before you speak?  
What happens when we aren't careful with our words?

Read Psalm 94:8-9

### Did you know?

The human eye can see approximately 10 million different colors.

The hardest bone in your body is the temporal bone in your inner ear.

The eye muscles are the fastest muscles in your body.

The smallest bones in your body are located in your ears.

The pupil of the human eye expands as much as 45 percent when you look at someone you love.

Our eyes and our ears are amazing parts of our bodies! God gave us our eyes and ears that we could hear and see the world around us. They help us spot if danger ahead. When you see something dangerous, when you hear trouble coming, a wise person pays attention!

God doesn't want us to live like foolish people. He wants us to be wise! The same God who gave you those blue or brown eyes and those ears that stick out from your head is the source of all wisdom. He gave you a mind to think to avoid making choices that harm you or those around you. Remember this week to use those eyes and ears to pay attention, to stop and think before you act.

Think before  
you act.

Read Proverbs 4:25

Raise your hand if you like to ride a bike? You can put your hand down now.

When you ride a bike, where's your focus? On your feet as you pump the pedals? On your friend riding next to you? No way! To safely ride your bike, you must keep your eyes forward. Keeping your eyes on the road helps you avoid any dangers ahead.

When it comes to living wisely, we have to pay attention to what's ahead of us. Just as you would turn your bike to avoid a pothole in the road, keeping our eyes focused on what's ahead can help us move or adjust when we see danger coming. When we pay attention with our eyes forward, when we think before we act, we can avoid saying or doing something unwise.

Grab a white crayon and an index card. Write the words EYES FORWARD in big letters on the front of the card. Color over the white crayon with a marker to reveal the words you've written. Write "Proverbs 4:25" on the back. Place this card inside your bike helmet as a reminder to pay attention to what's ahead so you can make wise choices.