

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



JULY 2025 | WEEK 1 | PRETEEN



Day 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:



Day 2

Read **Philippians 2:1-8**

As you read the passage, circle any words or phrases that describe how Jesus lived His life on earth.

Look back at what you circled. Do you see a common theme?

Humility. Putting others first. Looking out for others.

These things don't always come so easy to us, do they? But Jesus showed us through every choice He made—coming to earth as a man, as a servant, even as a baby. And then dying on the cross for our sin, when He had lived a perfect life.

Humility. Putting others first. Looking out for others.

This is what living like Jesus looks like!

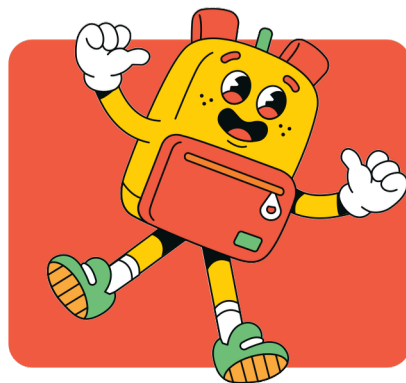
Day 3

Live like Jesus.

Living like Jesus... it could be the biggest challenge we ever take on! So the best thing we can do is to ask for help from Someone who also knows what it's like to put others first!

Say this prayer or pray your own and ask God for help.

"Dear God, thank You for sending Jesus to be my Savior and for showing me how to live. I want to live like Jesus, but it's hard to always put others first instead of what I need and what I want. Please give me wisdom on how I can do that and give me the humility to live like Jesus. In His Name, I pray. Amen."



Day 4

Why is living like Jesus so challenging?

Because living a selfless life that puts others first is, well, **HARD!** We worry about what will happen to us, to our wants and our needs. Who will look out for us if we're looking out for others?

Find a trusted adult who also follows Jesus and ask them if you can share some popsicles while you talk about it.

Start your conversation with these questions:

How can we live like Jesus?

What part of how Jesus lived do each of you find hardest to follow?

How can we feel confident that our needs will be met if we're always putting others first?

Day 5

Unscramble the words below to

uncover some ways you can live like Jesus, then pick one to go and do today.

Bonus: Hold on to the list and pick a new one each week!

Offer to do your brother's **ROECSH**

VIGORFE someone who hurt you recently

Use your **LNTTEA** to make someone feel better

Tell someone how God **ETSN** Jesus

VGIE away something you value

EIVNTI someone alone to sit with you

(Answers: CHORES, FORGIVE, TALENT, SENT, GIVE, INVITE)

