

FORTRESS

2023 SUMMER YOUTH WEEKS

RECOMMENDED PACKING LIST

This is a guide to assist you in packing for camp. Your linen needs will be determined by your housing arrangements.

Clothing

- ☐ See the dress code guidelines (ask your leader)
- ☐ Shirts
- ☐ Shorts/pants
- ☐ Underwear
- ☐ Athletic shoes
- ☐ Sandals
- ☐ Jacket
- ☐ Hat
- ☐ Socks
- ☐ Bathing suit (one-piece for girls)
- ☐ Raincoat/rain gear (check the weather forecast for Oak Island)

What Not to Wear

- ☐ Two-piece bikini bathing suits
- ☐ T-shirts or other clothing with offensive language, advertisements or pictures
- ☐ Short shorts, tank tops or one-shoulder/halter/strapless tops, including tops of dresses
- ☐ Spaghetti straps less than two inches wide

Optional

- ☐ Money (for camp merchandise and offering)
- ☐ Sports equipment (for track times/free time)

Toiletries

- ☐ Towel
- ☐ Washcloth
- ☐ Shower shoes
- ☐ Laundry bag
- ☐ Hair dryer
- ☐ Hairbrush/comb
- ☐ Deodorant
- ☐ Shampoo/conditioner
- ☐ Toothpaste/toothbrush
- ☐ Soap

Miscellaneous

- ☐ Bible
- ☐ Flashlight
- ☐ Sunscreen
- ☐ Bug spray
- ☐ Water bottle
- ☐ Medicines
- ☐ Beach towel
- ☐ Sunglasses
- ☐ Bag Chair/Sports Chair

Note: You will stay at Caswell from Monday afternoon through Saturday morning, so you will need enough clothes for the week. If you plan to participate in recreational track times, you will need athletic clothes and shoes. You will be out in the sun for long periods during the day, so please take precautions and take this into consideration when packing.