

**MAKE**

*Room.*

## 10-Day Bible Plan



*I*n the busyness of life, it's easy to lose sight of what truly matters. This guide offers practical ways to create margin in every area of life, marriage, faith, health, finances, and more. Whether you're seeking connection, growth, rest, or renewal, we hope these resources equip you to live with purpose and balance.

## Day 1 - For What Matters Most

"But seek first his kingdom and his righteousness, and all these things will be given to you as well." — Matthew 6:33 (NIV)

Let's be honest. Your life is full. Your schedule is packed, and notifications can be never-ending. There's always another meeting, another event to get to, and another box to check.

But in a life that feels rushed — **HAVE WE MADE ROOM FOR WHAT MATTERS MOST?**

In Luke 10, Jesus visited two sisters, Mary and Martha. Martha was hard at work checking off her to-do list. Mary was sitting at the feet of Jesus, soaking in every word. Martha was upset, but Jesus reminded her: "You are worried and upset about many things, but only one thing is necessary."

### **THAT ONE THING IS RESTING IN HIS PRESENCE.**

When we fill our schedules to the brim with everything but God, we can find ourselves spiritually starving. No matter what the world tells us, we were never created to live hurried, distracted, or distant — we were made for connection with our Creator.

Making room for God isn't about adding another task to your list or another box to check off. It's about reordering your life around His presence — inviting Him into your daily moments, not just your Sunday mornings.

If God is not first, everything else is out of order. But when we put God first, everything else finds its place.



## HOW CAN YOU MAKE ROOM FOR WHAT MATTERS MOST?

- **START YOUR DAY WITH GOD** — Start where you are, even if it's five minutes to reset your heart and your desires.
- **SCHEDULE WHAT MATTERS** — If spending time with God is important, put it on your calendar like you would a meeting.
- **TURN DISTRACTIONS INTO PROMPTS** — Every time you reach for your phone out of habit, use it as a reminder to talk to God first.
- **AUDIT YOUR TIME** — Look at how you spend your week. Is God getting your best or your leftovers?

This isn't about guilt — it's about grace. God isn't looking for perfection. He's looking for **PRESENCE**. He just wants **YOU**.





## Day 2 - Community

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another — and all the more as you see the Day approaching.” — Hebrews 10:24-25 (NIV)

We live in a world that praises independence. So we’ve been led to believe that we always have to figure it out. “I don’t need anyone.” “I’ve got this.”

From the beginning, God said it wasn’t good for man to be alone. Jesus Himself was surrounded with a tight circle of friends. The early church did everything together — they prayed, ate, gave, worshiped, and grew.

### SO WHY IS COMMUNITY THE FIRST THING WE CUT WHEN LIFE GETS FULL?

Sometimes it’s easier to isolate than to invest. It’s cleaner, quieter, and less risky. But real community is where real growth happens. Real community is where you are known, challenged, encouraged, and loved — even when life gets messy.

Making room for community isn’t just a nice idea — it’s essential to your spiritual health. If you want to get closer to God, a great place to start is by getting closer to godly people.

### HOW TO MAKE ROOM FOR GODLY COMMUNITY THIS WEEK:

- **JOIN A SMALL GROUP** — It’s not just about a Bible study. It’s about people who walk with you through real life.
- **BE THE FRIEND YOU NEED** — Don’t wait for someone to invite you in. Take the first step. Be present, real, and show up.
- **STAY-EVEN WHEN IT’S HARD** — Community isn’t perfect. People will disappoint you, but grace-filled relationships are worth it.
- **SHARE YOUR STORY** — Vulnerability builds bridges. When you open up, others will too — and healing begins.

In your life, you don’t need more followers — you need faithful friends who point you to Jesus.



## Day 3 - Marriage

“So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.” — Matthew 19:6 (NIV)

Marriage is not self-sustaining. Marriages cannot be sustained on autopilot. Marriage is like a fire — it needs fuel: time, attention, and intentionality.

But all too often, marriage gets put to the side or on the back burner.


We have work, kids, schedules, stress — and very easily, you can just give your spouse the leftovers instead of your best. After years of living this lifestyle in marriage, the connection fades — not just because of a crisis, but because of constant neglect.

You can't have a strong marriage without making space for it. Marriage is an investment. What you put into it is what you will get out of it.

The Bible says, “What God has joined together, let no man separate.” This means your marriage is sacred. It's worth fighting for. It's worth prioritizing. And when we create room for our spouse, we're honoring God too.

**MARGIN IN MARRIAGE DOESN'T HAPPEN BY ACCIDENT** — it's built by consistent, intentional choices to value your spouse like God does.

How to strengthen your marriage this week:

- **PUT YOUR PHONE DOWN** — Undivided attention communicates value. Every minute without distraction leaves a huge impact.
  - **DATE ON PURPOSE** — Schedule time together, even if it's undivided time at home after the kids go to bed.
  - **SPEAK LIFE** — Encouragement isn't optional. Let your spouse hear you thank them, believe in them, and build them up.
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- **PRAY TOGETHER** — It might feel awkward at first, but nothing builds intimacy like inviting God into your relationship.
- **LISTEN WITH EMPATHY** — Don't try to fix everything. Sometimes your spouse just needs to be seen and heard.

Your marriage won't thrive by default. When you make room for it, love grows deeper, trust grows stronger, and God is glorified in it.

Your marriage is worth so much more than the leftovers. Make room to invest in what God has joined together.





## Day 4 - Family

“But as for me and my household, we will serve the Lord.” — Joshua 24:15 (NIV)

Family is one of God’s greatest gifts — and one of the easiest things to take for granted. In the fast pace of life, we often assume our family will “understand” when work gets crazy, when we’re too tired, or when everything else gets our attention. But over time, small neglect leads to big distance. Without margin, we drift from the people who matter most.

Joshua declared, “As for me and my house, we will serve the Lord.” That wasn’t a passive statement. It was a decision to lead his family with intention, love, and priority — and a promise to serve the Lord.


When you lead your family in this way, it isn’t just about being a good mother or father — **IT’S BEING A FAITHFUL FOLLOWER OF CHRIST.**

Making room for family means choosing **PRESENCE OVER PERFECTION, CONSISTENCY OVER CHAOS, AND INVESTMENT OVER INDIFFERENCE.** It’s not about having more time — it’s about **MAKING SPACE** for what matters most.

Here are some ways to be intentional with your family this week:

- **BE FULLY PRESENT** — Put the phone away. Make eye contact. Let your family feel that they matter more than your notifications.
- **CREATE FAMILY RHYTHMS** — Eat together. Pray together. Laugh together. Traditions build connection.
- **SPEAK LOVE AND LIFE** — Be generous with encouragement. Words are remembered — make sure yours are building, not breaking.
- **LEAD SPIRITUALLY** — Don’t wait for a church service. Read a verse at dinner, pray before school, talk about what God is doing.
- **CHOOSE GRACE OVER PRESSURE** — Your family doesn’t need a perfect version of you — just the real you, surrendered to Jesus.

Your family doesn’t need what’s leftover. They need your love, your attention, your intentional presence, and your influence.





## Day 5 - Finances

“The wise store up choice food and olive oil, but fools gulp theirs down.” — Proverbs 21:20 (NIV)

Have you ever felt like there's more month than money?


It's easy to feel stressed about finances — and even easier to live without margin. We spend everything we earn (and then some), hoping things will “settle down” eventually. But **MARGIN IN YOUR MONEY DOESN'T JUST HAPPEN** — it's built on purpose.

God calls us to live with **WISDOM**, not pressure. He wants us to be free — not just financially stable, but free to be generous, obedient, and at peace.

When we don't make room in our finances, we live constantly on edge. One unexpected bill becomes a breakdown. One impulse decision becomes a credit card cycle. But when we create margin — when we spend less than we make, give first, save consistently, and steward well — we live with freedom, joy, and more peace.

Sometimes chaos in our life is self-induced. **TAKE CONTROL AND LIVE WITH MORE FREEDOM.**

Ways to take steps in your financial life:

- **START WITH GIVING** — Generosity is the foundation of biblical finance. When you put God first, He blesses the rest (Proverbs 3:9-10).
  - **LIVE BELOW YOUR MEANS** — Just because you can afford it doesn't mean you should buy it. Simplicity builds margin.
  - **BUILD A BUFFER** — Saving isn't about fear — it's about wisdom. Margin today prevents panic tomorrow.
  - **BUDGET WITH PURPOSE** — Don't ask, “Can I buy this?” Ask, “Is this the best use of what God's entrusted to me?”
  - **DON'T COMPARE** — Culture screams, “More!” but God whispers, “Enough.” Find peace in contentment. Usually, the people we compare ourselves to aren't as well off as we think.
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Margin in your finances isn't about restriction — **IT'S ABOUT FREEDOM.** The freedom to give. The freedom to breathe. The freedom to obey.

**YOUR MONEY IS A TOOL, NOT A MASTER. MAKE ROOM SO IT SERVES GOD — NOT THE OTHER WAY AROUND.**





## Day 6 - Schedule

“Teach us to number our days, that we may gain a heart of wisdom.” — Psalm 90:12 (NIV)

If someone asked you how you're doing, would your answer be: Busy?

We wear busyness like a badge — crammed calendars, back-to-back appointments, always running, never resting. But a full schedule doesn't equal a full life.


Jesus lived on mission, yet never rushed. He was purposeful, yet always interruptible. He made room to pray, to rest, to be with people — and He invites us to follow His example. Your schedule reflects your priorities. And when your schedule is packed with everything but God, family, rest, or purpose — it's time for a reset.

God didn't create you to be overwhelmed. He created you for peace, purpose, and presence.

How you can start making margin in your schedule:

- **START WITH WHAT MATTERS MOST** — If something's truly important (like time with God), it should show up on your calendar.
- **SAY NO TO GOOD THINGS TO SAY YES TO GOD THINGS** — You can't do everything — and you're not called to.
- **BUILD IN BREATHING ROOM** — Margin gives space for rest, reflection, and unexpected divine appointments.
- **SCHEDULE REST AND FUN** — Sabbath isn't a suggestion — it's a rhythm. Rest restores your soul and refuels your purpose.
- **BE PRESENT, NOT JUST PRODUCTIVE** — Don't let constant movement rob you of meaningful moments.

Busyness isn't a badge of honor — it's often a **BARRIER** to what matters most.





Time is a gift. Make room in your schedule to live wisely, love deeply, and walk closely with God.

EVERY MOMENT IS A GIFT FROM GOD — LET'S STEWARD THIS GIFT WELL.





## Day 7 - For the Unexpected

“In their hearts humans plan their course, but the Lord establishes their steps.” — Proverbs 16:9 (NIV)

Let's be honest — we love a good plan. Schedules, routines, goals — they make us feel in control. But life doesn't always go according to plan, does it?

The unexpected shows up uninvited. The phone call you didn't see coming. The opportunity that interrupts your comfort zone. The detour that feels like a delay — but might actually be divine.

**GOD OFTEN DOES HIS BEST WORK IN LIFE'S INTERRUPTIONS.**

Think about it:

- Moses didn't plan on a burning bush.
- Mary didn't plan on angelic birth announcements.
- Paul didn't plan on a prison cell.

Yet each unexpected moment was part of **GOD'S GREATER PURPOSE.**

When we overfill our lives with tight control, we leave no room for divine flexibility. But when we live with margin, we can respond to God's prompting — even when it disrupts our day.

**HERE'S HOW YOU CAN START MAKING ROOM FOR THE UNEXPECTED:**


- **LOOSEN YOUR GRIP** — Hold your plans with open hands. God's detours are often disguised as delays.
- **INVITE GOD INTO THE INTERRUPTIONS** — When plans change, ask: “God, what are You doing here?”



- **BE INTERRUPTIBLE** — The Good Samaritan was on a journey, but he stopped. Love often looks like a pause.
- **SAY YES TO PROMPTINGS** — That text to encourage someone. That urge to pray. That idea to give — follow God's nudges.
- **TRUST THE PROCESS** — Just because something wasn't in your plan doesn't mean it wasn't in God's.

Life won't always go your way. But when it goes **GOD'S** way, it's always better — even when it's unexpected.

Don't be so locked into your plan that you **MISS GOD'S PURPOSE.**





## Day 8 - For Rest

“Come to me, all you who are weary and burdened, and I will give you rest... For my yoke is easy and my burden is light.” — Matthew 11:28-30 (NIV)

We live in a culture that glorifies hustle and burns out people.

We push through exhaustion like it's a badge of honor. We keep grinding, even when our soul is gasping for air. But Jesus didn't say, “Come to Me and I'll give you more to do.” He said, “**COME TO ME, AND I WILL GIVE YOU REST.**” **REST ISN'T LAZINESS — IT'S OBEDIENCE.**

When God created the world, He worked for six days... and then He rested. Not because He was tired, but because rest was part of the rhythm He built into creation. He knew we'd need it — not just physically, but spiritually and emotionally.

If you don't make room for rest, your body will force you to. But even deeper — **YOUR SOUL WILL BEGIN TO WITHER.** You were never created to run nonstop. You were created to pause, breathe, and trust God to keep things going while you stop.

### HERE'S HOW TO MAKE SPACE FOR REAL REST:

- **PROTECT THE SABBATH** — One day a week, unplug. Worship. Recharge. Spend time doing what fills your soul.
- **CREATE DAILY PAUSES** — Even 5-10 minutes of silence and prayer can reset your spirit.
- **LEARN TO SAY “ENOUGH”** — You're not God. You don't have to do it all. Rest is an act of trust.
- **REST BEFORE YOU'RE EXHAUSTED** — Don't wait until you're crashing. Build regular rhythms that sustain your health.
- **UNPLUG TO RECHARGE** — Step away from noise, screens, and scrolling. Rest doesn't come through more input — it comes through stillness.

You're not designed to run nonstop. Rest isn't optional — it's essential.



## Day 9 - For Gratitude

“Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” — 1 Thessalonians 5:18 (NIV)

Gratitude doesn’t come naturally when life is hectic.

When you’re moving fast, it’s easy to overlook the good that’s right in front of you. We complain before we give thanks. We scroll past blessings and focus on what’s missing. But what if gratitude isn’t about what’s happening around you — **IT’S ABOUT WHAT’S HAPPENING IN YOU?**

Gratitude shifts your perspective. It slows you down. It opens your eyes to God’s goodness — even in hard moments.


But here’s the key: **YOU HAVE TO MAKE ROOM FOR IT.** Because a heart without margin will always lean toward discontent.

The enemy wants you to focus on what you lack. God wants to remind you of all you have in Him. When you make space to be grateful, you start seeing God in places you once overlooked.

### HERE’S HOW TO MAKE ROOM FOR GRATITUDE IN YOUR EVERYDAY LIFE:

- **START A GRATITUDE LIST** — Each day, write down three things you’re thankful for — big or small.
- **THANK GOD BEFORE YOU ASK** — Let your prayers begin with praise, not problems.
- **PRACTICE CONTENTMENT** — You don’t need more to be grateful — just clearer vision.
- **SPEAK GRATITUDE TO OTHERS** — Let people know you’re thankful for them. Honor multiplies joy.
- **REDIRECT YOUR THOUGHTS** — When you start to complain, pause and give thanks instead.

Gratitude makes room for joy. It resets your soul and reminds you: God is good, and you are blessed.





## Day 10 - For God to Move

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.” — Ephesians 3:20 (NIV)

We all want to see God move in our lives — but are we **MAKING ROOM** for Him to?

You can't ask for a miracle while clinging to control. You can't ask for breakthrough while holding on to bondage. You can't ask for more of God if your life is already full of everything else.

If you want to see God do **IMMEASURABLY MORE**, you have to create space for Him to move.


The Bible is full of people who made room for God — and were never the same.

- Elijah made room for God to speak in a whisper.
- The widow made room for provision by pouring out the last of her oil.
- The disciples made room for Jesus and watched Him feed the five thousand.
- The early church made room through prayer — and the Spirit moved powerfully.

God is ready to move — **BUT HE MOVES IN SURRENDERED SPACE.**

What do you need to lay down so God can lift up? What space do you need to clear so He can fill it?

### **WAYS TO MAKE ROOM FOR GOD TO MOVE THIS WEEK:**

- **FAST SOMETHING** — Remove a distraction (social media, TV, a meal) to create space for God's voice.
  - **EXPECT THE MIRACULOUS** — Don't limit God to your logic. Ask boldly. Trust fully.
  - **SURRENDER CONTROL** — Let go of what you've been holding and trust God to lead.
  - **WORSHIP IN THE WAITING** — God often moves in response to faith, not feelings.
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Take a faith step — That conversation, that prayer, that risk — obedience unlocks the miraculous.

God can do more than you ask, think, or imagine.

But it starts with this question: **HAVE YOU MADE ROOM?**

