



Women's R&R Bible Study 2024-2025

"YOUR WORDS WERE FOUND, AND I ATE THEM, AND YOUR WORD WAS TO ME THE JOY AND REJOICING OF MY HEART."

JEREMIAH 15:16

LIVING IN HOPE

INTRODUCTION

Welcome to our study of the Triple T's! We hope that you are as excited as we are to begin our 22-week study of 1&2 Thessalonians, 1&2 Timothy, and Titus. It is impossible to study these books of the Bible without being challenged in our spiritual walk. With this challenge comes growth, which is the purpose and goal of this study. Our desire is that we develop a deeper and more intimate relationship with our Lord and Savior Jesus Christ. May we accept the challenges that the Holy Spirit will bring our way and make the needed changes in our lives. Each book is also filled with **HOPE ... HOPE** for today, **HOPE** for tomorrow, **HOPE** to continue on in this dark world. But with Jesus, we can actually **LIVE IN HOPE!** May God remind us of that each and every day. I don't know about you, but it's **HOPE** in Christ that gets me through the day. Praying that this study will infuse that **HOPE** into our hearts in a deep and crazy way!

Before we begin, let me explain a bit about the format of our "**Reasons to Rejoice**" Bible Study. Each week the lesson has about 20-35 questions to be completed over multiple days or in one sitting, whatever works best for you. Take your time. Don't rush through. Meditate and ponder each Scripture, allowing the Holy Spirit to speak to your heart personally. Don't just try to get an answer down on paper but allow the question to penetrate your heart. You don't want to miss anything the Lord has for you. You will also be given a memory verse each week, because Bible memorization is very important as it teaches us to hide God's Word in our hearts (Psalm 119:11). You will be given the lesson each week in your small group, but they will also be posted online for you to download and print if you are unable to attend that week. There are extra copies in the front office as well.

As we study God's Word, it is important to read it like a detective. We don't want to just "breeze" through the text just to get through it. If we truly want God's Word to affect how we live, we need to know and understand what it says. The better we understand how to study His Word, the better we can apply it.

As we work through the chapters, we want to do our best to study it completely, making sure we keep everything in context. Our goal is to lead you through the text "inductively," but I also know that's a difficult task when you have limited time. Please feel free to dig into and explore the text as deeply as you like. Go the extra mile at any time. As you study the chapters, teach yourself to ask who, what, when, where, and how type of questions, define terms and phrases, use various translations and other study helps if you'd like.

Last, but not least ... there are three keys to studying your Bible. The first is always to begin with **prayer**, asking the Holy Spirit to be your teacher and guide you through our study (John 14:26, 16:13). The next is to have a **hunger** and **desire** for God's Word. This is why our theme Scripture for "Reasons to Rejoice" is Jeremiah 15:16, "Your Words were found and I ate them, and Your Word was to me the joy and rejoicing of my heart." His Word causes us to grow. The final key is **commitment**. It is easy to be distracted and get busy with many other things. Studying His Word must be a commitment to us, or we will never do it. The enemy will always try to distract us. Stick to it! Hebrews 11:6 says, "... He is a rewarder of those who diligently seek Him."

There are some tools that are very helpful as you study. A secular dictionary and a Bible dictionary are essential. A Bible Encyclopedia and a Strong's Concordance are great. Commentaries are good but remember to always use them after you have done your own study. We want to allow the Holy Spirit to speak to us first, before we read someone else's opinions. This study uses the New King James version of the Bible, but reading other translations adds color and insight.

Wow, that was a mouthful! Are you ready to begin our study of Thessalonians? **Before we begin, it would be really helpful for you to read through the whole book.** (It's only five chapters!) Getting a bird's eye view is beneficial in understanding the author's intent and purpose of writing the book. Let's get started, ladies! See you soon!!