

## WEEK 3 LESSON GUIDE



### BIG IDEA

We can worship by remembering what God has done.

### BIBLE

**Remember It:** Psalm 103:1-8

## WELCOME TIME

### MUSIC | Wonder-Full Worship

- **INSTRUCTIONS:** You can lead kids in worship with any songs you like best, but here are a few songs that go along with this month's theme. Make sure you have purchased any licenses required to play or perform these songs. For more information, [read this!](#)
  - "You Created Me" (Totally Tangerine)
  - "Super Wonderful" (Yancy)
  - "Wonderful" (Seeds Family Worship)
  - "Wonderfully Made" (Seeds Family Worship)

### ACTIVITY | Four Compass Corners

- **INSTRUCTIONS:** Have an [image](#) or an actual compass ready to show kids. Print the letters N, E, S, W and tape them on the wall in each corner of your room (corresponding with actual directions, if possible). Then, play a game similar to Four Corners, but instead of calling out a number, call out a direction (North, East, South, or West). Practice pointing to each corner and saying the corresponding direction a few times before playing the game.
  - ✂ **TODDLER HACK:** The concept of coordinate directions is a reach for this age group, so don't worry if they don't fully grasp this concept. Provide visual and verbal cues whenever possible.
- **Who knows what a compass is?**
- When you're on a road trip, hiking a new path, or exploring nature, a compass tells you which way you're going.
- Let's play a game to practice remembering the four directions on a compass!

### ACTIVITY | Remember It Relay Race

- **Who here has a really good memory?** Well, let's play a game to test how well you can remember!
- **INSTRUCTIONS:** Print and lay out a sequence of the provided pictures of mountain scenes. Instruct kids to examine the pictures in the sequence you laid them out for 30 seconds. Then, mix up the pictures and invite a kid to try to put the pictures back in the correct order. This game can be played in small groups if you print multiple sets of pictures.

✂ **TODDLER HACK:** *Instead of this game, have a Memory game tournament. Using the traditional game of [Memory](#), have kids work together to match the pairs.*

- **Would you have considered this game hard or easy? Why?**
- **Why is it important to try and remember something you have learned?**

## STORY TIME

### SCRIPTURE | Psalm 103:1–8

- **INSTRUCTIONS:** *Gather kids on the carpet and share the Bible story with them. Mirror to a TV or use a tablet device to display the [Grand Canyon](#). As you read the verses from the Bible, make the motions in parenthesis for the kids to follow along to. Feel free to read the entire passage or a few verses you want to emphasize in an easy-to-understand Bible translation of your choice.*
- Every week so far, we've been learning about one big wonder from our world! Today, it's the Grand Canyon! *[Show image or video.]*
- **Isn't it wonder-full?** The Grand Canyon is a giant rock that has been shaped by water for years and years. If you were standing there right now, you would look so small! **Can you put your index finger and thumb close together and look through them?** You would look that small!
- **Do you know who created the Grand Canyon and everything in the world?** God! And we can learn more about God from the very best adventure book ever written . . . the Bible! And I'm going to need your help to read from this true and exciting storybook.
- **Are you ready?**
- Today, we are reading from a book in the Bible called Psalms, and we're going to read chapter 103. Remember, a psalm is like a song or a poem that talks about God! As we read it, follow my motions to help us better understand what the writer of this Psalm is saying.
- *[Read verse 1.]*
  - *(Stretch your arms out wide, then put your hands over your heart.)*
- *[Read verse 2.]*
  - *(Stretch arms out wide, then shake head, "No.")*
- *[Read verse 3.]*
  - *(Dust off your hands, then give a thumbs up.)*
- *[Read verse 4.]*
  - *(Wipe brow as if sweating, then move hands like you're placing a crown on your head.)*
- *[Read verse 5.]*
  - *(Smile big, then flap arms like wings.)*
- *[Read verse 6.]*
  - *(Hands together like praying.)*
- *[Read verse 7.]*
  - *(Point to your head as if thinking, then make the shape of Earth with your hands.)*
- *[Read verse 8.]*
  - *(Hands on heart, then big sweeping motion with arms out in front.)*
- God is wonderful and has done so many wonderful things. Whenever we're feeling down or upset, we can remember God and all the good things God has done for us!

### BIG IDEA | We can worship by remembering what God has done.

- **INSTRUCTIONS:** *Using a Lite-Brite [marquee board](#), write the word "remember" as you have kids repeat the Big Idea after you.*

- We worship God because God made this whole world that's full of so much wonder. What's more *wonder-full* is God made us and loves us very much!
- One way we can worship God is to remember all the things God has done for us. God gave us our family, the food we eat, the clothes we wear, and so many more good things.
- Let's say the Big Idea together: **We can worship by remembering what God has done.**

### VIDEO | Wonder-Full, Episode 3

- **INSTRUCTIONS:** *Play this week's episode of [Cali's World](#).*

### ACTIVITY | Movement Memory Game

- We can worship by remembering what God has done. Let's exercise our memory skills!
  - **INSTRUCTIONS:** *Invite a kid volunteer to be the leader and instruct all of the other kids to follow their lead. The leader should do a series of five motions or dance moves and then the other kids need to repeat those five movements in the correct order from memory. Keep playing by selecting different kids to be the leader.*
- ✂ **TODDLER HACK:** *Limit the movements to one to two instead of five in a row.*

### PRAYER

- Dear God, you do wonderful things. When we look at the Grand Canyon, we remember how big you are. You can do anything, and that's why when we remember everything you have done, we know we are safe and loved. We love you. Amen.

## SHARING TIME

### SNACK | Grand Canyon Crunch

- **INSTRUCTIONS:** *Mix all of the ingredients (like frosted animal crackers, M&Ms, caramel popcorn, pretzels, Chex cereal, etc.) into a bowl and scoop out a portion for each kid into a small plastic cup or paper bowl. Be aware and make accommodations for allergies.*
- Let's eat our Grand Canyon crunch and chat!
- **Would you rather go on a trip in the desert or in the snow?**
- **Would you rather have a friend with you on a trip or a pet with you?**
- **Would you rather sleep outside under the stars or sleep inside a tent?**
- **Would you rather hike in the winter or in the summer?**

### ACTIVITY | Circle Time

- **INSTRUCTIONS:** *Pass around a piece of [sedimentary rock](#) like one you might find at the Grand Canyon. Make sure to remind the kids not to throw the rock, but to pass it gently. Alternatively, place layers of colored sand in a plastic container and see if kids can pass it without shaking it! Play music. When the music stops, the person still holding the rock will answer one of the following questions:*
  - **Name one thing you remember from yesterday.**
  - **What's one good thing God has done for you?**
  - **Can we worship God by remembering the things God has done for us?**

### ACTIVITY | Paper Canyons Craft

- **INSTRUCTIONS:**  *Lay on a table different colors of construction paper and glue sticks. Invite the kids to tear pieces of construction paper and layer them to form a [Grand Canyon](#) landscape. Make an example beforehand and provide pictures of the Grand Canyon for the kids to reference.*

✂ **TODDLER HACK:** *Instead of the kids doing this activity individually, instruct the kids to work together in a group to make the craft.*

- God's own hands formed the Grand Canyon. Let's use our hands to make our own canyons!

### MEMORY VERSE | Psalm 139:14 (NIV)

- "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."
- **INSTRUCTIONS:** *On a dry erase board or a large piece of butcher paper, write the first letter of each word in the memory verse in order, and work together to say the rest of the words that are missing.*

## PLAY TIME

### ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Print and distribute the coloring page along with crayons or markers. As the kids color, you can review today's Bible story, Big Idea, and memory verse.*

### ACTIVITY | Forming Canyons

- **INSTRUCTIONS:** *During free play, lay out a piece of tarp on the floor, and on top of it, place a deep bin with dirt inside of it. Provide a watering can for kids to pour over the dirt to wash away some of the dirt. Then, have a leader use a hairdryer to dry the dirt to create a canyon-like structure.*

### ACTIVITY | Canyon Carve

- **INSTRUCTIONS:** *Using a large block of Styrofoam, invite the kids to whittle out canyons and mountains into the foam using dowels or plastic knives. Ask kids to name a bunch of good things God has done in the Bible and in their lives as they work.*

## QUESTIONS