



## Family Strong Study: A Culture of Honor

### Main Theme:

Honor isn't just a virtue—it's the atmosphere of a healthy home. A culture of honor transforms families, builds connection, and reflects the heart of God.

### KEY SCRIPTURES

Romans 12:9–10 – Outdo one another in showing honor

Proverbs 18:12 – Humility precedes honor

Ephesians 6:2–3 – Honor your father and mother... so it may go well with you

Genesis 1:26–28, 2:18–24 – God's relational design for family

Ephesians 4:2, James 4:10, 1 Peter 5:5 – The role of humility

Proverbs 18:21 – The power of words to shape homes

### FAMILY BIG IDEA:

You don't need a perfect family to have a powerful one.

You need a **culture of honor**—where people are valued, humility is practiced, and God's voice sets the tone.

Honor isn't earned. It's chosen. And when you build your home with it, everything changes.

### Discussion Starter:

What's one way someone in our family has made you feel valued lately?

What does our home *feel* like when you walk in? Warm? Tense? Safe? Busy?

## Key Truths:

### **Honor Changes the Temperature**

Dishonor is easy to spot in the world—it's everywhere. But honor? That stands out.

Honor doesn't mean perfection. It means choosing to treat one another with God-given worth.

### **Humility Precedes Honor**

Before there can be honor in your home, there has to be humility in your heart.

Humility isn't weakness—it's strength under God's authority. It opens the door for grace, connection, and restoration.

### **Honor is Biblical and Practical**

Scripture says to “outdo one another in showing honor.”

That's not passive. It's intentional. And it begins with how we speak, how we listen, how we forgive, and how we treat each other when no one else is watching.

### **Honor is for Everyone, Every Direction**

Honor isn't just for parents or for leaders. It's for:

- Spouses
- Children
- Grandparents
- Roommates
- Coaches, teachers, and friends

God's family culture honors up, down, and all around.

### **Dishonor Causes Division**

Unchecked criticism, sarcasm, and passivity slowly divide the family. Dishonor distances hearts. But humility closes the gap.

## **You Can't Buy Honor—You Build It**

Your home can be filled with schedules, systems, and success...

But if it lacks honor, it won't feel like family.

And if you want to receive from the people in your home, you must first give honor freely.

### **FAMILY ACTIVITY:**

#### **Honor Inventory**

Sit down together and go through this exercise:

1. Who in our family do we need to show more honor to?
2. How can we speak differently to reflect the value we say we have?
3. Where has dishonor crept in through sarcasm, silence, or stress?

Make a commitment as a family to one way you'll honor each other this week.

Example:

- "I'll stop interrupting when someone else is speaking."
- "I'll thank Mom out loud in front of the family."
- "I'll ask forgiveness for the tone I used earlier."

#### **Family Prayer Prompt:**

"God, thank You for the way You honor us—even when we don't deserve it. Teach us how to reflect that same heart in our home. Help us speak with value, act with humility, and build a culture where every person feels seen and respected. Show us where we've tolerated dishonor—and give us the courage to rebuild with grace. Amen."

#### **Optional: Reflection Questions for Parents**

1. What tone do we allow in our home when we're tired, stressed, or disappointed?
2. Where might our kids or spouse feel unseen or dishonored—even unintentionally?
3. How can we raise the standard for what's tolerated in our home without becoming performance-driven?
4. Are we modeling what we hope to see—or just managing behavior?