

# ANNOUNCEMENTS

## Altar Flowers

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## Wellness

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Intermediate: Mons, 12:00p, Brooks Hall  
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### **Group for Grief Sharing**

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<b>*Call to Worship</b>		<i>Cmell Brown</i>
<b>*Opening Song</b>	<i>"Come, Christians, Join to Sing"</i>	<i>UMH #158</i>
<b>*Passing the Peace</b>	<i>On the first Sunday of each month, kids will leave for Children's Time in the library.</i>	
<b>Centering Music</b>	<i>"The King of Love My Shepherd Is"</i>	<i>UMH #138 vs. 1 &amp; 6</i>
<b>Pastoral Prayer</b>		
<b>Offertory</b>	<i>"The Lord's My Shepherd"</i> Mark Holmstrom	<i>Rodger Kalbfleisch</i>
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<b>Scripture Reading</b>	Ephesians 4:26-32; Romans 12:17-21	
<b>Sermon</b>	<i>"Anger Management, Jesus Style"</i>	<i>Rev. Dr. Elbert Kim</i>
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<b>Holy Communion</b>	<i>All are welcome to participate in Holy Communion. In our Methodist tradition, we observe open communion which means all people are welcome to the table. You do not need to be baptized or be a professing member of the church. We celebrate God's grace that is freely given to all people.</i>	
<b>*Closing Song</b>	<i>"More Like You"</i>	<i>FWS #2167</i>
<b>Benediction</b>		
<b>Postlude</b>	<i>"Jesu, Joy of Man's Desiring"</i> J.S. Bach/Arr. E. Power Biggs	

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## Wellness

### **Balance Improvement:**

#### **Tai Chi for Seniors 55+**

Beginner: Mons, 10:30a, Brooks Hall  
Intermediate: Mons, 12:00p, Brooks Hall  
*\*Wednesdays, 10:00a, ZOOM*

#### **Bone Builders**

Tues & Fri, 9:00a & 10:30a, Brooks Hall

### **Group for Grief Sharing**

Receive support through your grief journey where you can share in a safe and confidential environment.

*Tues, 2/3 & 2/17, 10:30a, Howald Parlor*

### **Meditation & Spiritual Growth Group**

Meditate on a subject presented and share with others in your spiritual walk.

*2<sup>nd</sup> & 4<sup>th</sup> Thurs, 10:00am, Howald Parlor*

## Service Opportunities

### **CSUCI Dolphin Pantry Donations**

CUWF Martha Fellowship is collecting non-perishable food items for the CSUCI Dolphin Pantry. Drop off: Sanctuary patio or church office. No expired items please.

### **CUMC Disaster Response Team**

Be part of a ministry that puts faith into action by caring for people and property in times of need. Contact Michael Radonich: (805) 312-4115.

### **Days for Girls**

All who can sew are invited to attend. They meet 1<sup>st</sup> and 3<sup>rd</sup> Saturdays from 10 a.m. to 12 p.m. in the Discipleship Room.

### **Friends of the Fieldworkers**

Donations of essential items, especially baby diapers, can be brought to the church office. Contact Tena or Terry Bushart.

### **Many Meals Ministry**

CUMC is working to feed the community. Volunteers needed to make entrees for the 2<sup>nd</sup> Monday of the month. Contact Lisa Kadowaki: smidgetslk@gmail.com.

### **Medical Supply Room**

Help for 1-2 hours any time from 9:00a to 3:00p Mon-Thu. Contact Nanci Paulson.

## Events

### **Rise Against Hunger**

A lively day of teamwork and purpose as volunteers unite with Rise Against Hunger to pack nutritious meals, fight hunger, and make a global impact together. Deadline to sign up is today/Sun., Feb. 1. Contact Karen Gundelfinger at (805) 482-4312, ext. 129

*Sun., 2/7, 3:00p, Brooks Hall*

### **Just around the corner: Noontime Lunch**

It will be a Valentine's Day-themed menu: baked ziti, salad, garlic bread, and dessert. Cost is \$10. Call/text Lisa Kadowaki at (805) 236-3370 or smidgetslk@gmail.com.

*Wed., 2/11, noon, Brooks Hall*

## Classes

### **Storytelling with Rev. Dr. Phyllis Tyler**

Rev. Dr. Tyler leads a gathering of all ages to hear the stories of those who are 80 plus. Stories will be about 5-10 minutes long.

*Mons. through 2/16, 9:00a, Parlor*

### **Pastor's Bible Study**

Join Pastor Elbert in studying the Letters to the Corinthians where Paul addresses the challenges of division within the Christian community.

*Mons., 10:30a, Parlor*

### **Saints Class**

Rev. Elbert and Dr. Bill are presenting a series of classes on 12 Christian saints. The classes will cover significant events in their individual lives, as well as examine the process of sainthood.

*Tues. through 2/10, 6:30p, Covenant*

### **Slow Read**

Led by Dr. Bill, the group is focusing on Richard Rohr's "The Tears of Things."

*Weds., 10:00a, Parlor*

### **UPCOMING: New Member Orientation**

Pastor Elbert will lead a class about becoming a member of CUMC.

*Sun., 2/15, 10:45a, Conference Room*

## THIS WEEK @ CUMC

### **Sunday, Feb. 1**

Library open, 8:45-10:45a

*\*Worship/Sunday School, 9:15a*

Cherub Chimes, 10:30a, Neish's Rm. 3

Coffee Conversations, 10:45a, Parlor

Sun School Teachers, 10:45a, Neish's Rm. 1

YG Middle Schoolers, 4:00p, Neish's Rm. 1

YG High Schoolers Valentine's Visits, 3:00p

Young Adult Bells, 5:00p, Sanctuary

### **Monday, Feb. 2**

Intercessory Prayer, 7:30a

Storytelling Gathering, 9:00a, Parlor

Pastor's Bible Study, 10:30a, Parlor

Tai Chi, 10:30a & 12:00p, Brooks Hall

Leadership Academy, 5:30p, Conference Room

Chapel Bells Rehearsal, 5:00p, Sanctuary

Youth Bells Rehearsal, 6:00p, Sanctuary

### **Tuesday, Feb. 3**

Bone Builders, 9 & 10:30a, Brooks Hall

Group for Grief Sharing, 10:30a, Parlor

CUWF LT Meeting, 11:00a, Conference Room

Saints Class, 6:30p, Covenant Room

### **Wednesday, Feb. 4**

Slow Read, 10:00a, Parlor

*\*Tai Chi (ZOOM), 10:00a*

Choir Rehearsal, 7:00p, Mission House

### **Thursday, Feb. 5**

Staff Meeting, 11:00a., Conference Room

Adult Bells Rehearsal, 7:00p, Sanctuary

### **Friday, Feb. 6**

Bone Builders, 9:00 & 10:30a, Brooks Hall

### **Saturday, Feb. 7**

Crescendo Choir Rehearsal, 10:00a, Neish #2

Days for Girls, 10:00a, Discipleship Room

Rise Against Hunger, 3:00p, Brooks Hall

*\*Also available online*

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### **SAVE THE DATES:**

- **UMM Gathering:** 8 a.m., Saturday, Feb. 14 in Brooks Hall. Rev. Dr. Elbert Kim will speak on the topic: "Humorous Moments of Being a Pastor." Everyone is welcome! Cost is \$10 and includes breakfast. Info: Mike Gorzoch at (860) 869-8807 or Gerry Olsen at (805) 482-4109.

- **AlmaVia Lunch:** 11:45 a.m. Tuesday, Feb. 17, at AlmaVia. Cost for the gathering, fellowship and lunch event is \$15. RSVP to Lynn Decker-Mahin by Sunday, Feb. 15, at (805) 469-0134.

- **Concordia University Bell Choir Concert:** 4 p.m. Sunday, Feb. 22, in the Sanctuary. Enjoy an afternoon of exceptional artistry from one of the world's premier handbell programs. All-church potluck to follow - last names of A-G: side dishes; H-R: main dishes; and S-Z: desserts.

## Fellowship Groups

### **Children's Ministry:**

#### **Youth Group, Sundays, 4:00p**

Middle and high school youth participate in giving ministries and learn leadership skills. For more information about high school youth, please email Kristi VanKeersbilck at vankeersbilckfamily@gmail.com. For middle school youth, please send an email to Dorrie Kelly at Dorrie.kelly@camarilloumc.org.

**Please note:** The SSP/CUMC Youth Auction will take place Sunday, March 1, in Brooks Hall. The Western-themed event will include the following menu: tri-tip, baked beans, coleslaw, garlic bread, and cobbler. Cost is \$15.

### **United Methodist Men:**

#### **2<sup>nd</sup> Saturdays, 8:00a**

A community of men who share in evangelism, mission, and spiritual life. (No meetings in July, August, and December.)

### **United Women in Faith:**

#### **3<sup>rd</sup> week of each month**

A community of women who engage in mission study, personal growth, and social action. (No meetings in July and August.)

*Martha Group meets Wed., 10:00a*

*Deborah Group meets Wed., 1:00p*

*Ruth Group meets Wed., 1:30p*

*Esther Group meets Thu., 9:30a*

## Assisting in Worship

**Pastor:** Rev. Dr. Elbert Kim

**Liturgist:** Cmel Brown

**Children's Time:** Dorrie Kelly

**Music & Worship Arts Director:**  
Dr. Luvi Avendano

**Organ/piano:** Mark Holmstrom

**Acolyte:** Caroline Reynolds

**Greeters:** Paul & Peggy Graham,  
Fred Phipps & Cathy Trainer

**Ushers:** Margie Bouton,  
Karen Gundelfinger, Ron &  
Carolyn Harrington

**Communion Steward:** Stella Ling

## Notes



**Welcome** to this time of worship, fellowship, and learning about the Christian gospel. Our purpose is to build a Christian community that loves God and serves others with grace, compassion, and hope.

### **Worship Service for Feb. 1, 2026**

*Prayers and Songs are displayed on the screens*



<b>Prelude</b>	<i>"How Can I Keep from Singing"</i>	<i>Benjamin Culli</i>
<b>*Call to Worship</b>		<i>Cmell Brown</i>
<b>*Opening Song</b>	<i>"Come, Christians, Join to Sing"</i>	<i>UMH #158</i>
<b>*Passing the Peace</b>	<i>On the first Sunday of each month, kids will leave for Children's Time in the library.</i>	
<b>Centering Music</b>	<i>"The King of Love My Shepherd Is"</i>	<i>UMH #138 vs. 1 &amp; 6</i>
<b>Pastoral Prayer</b>		
<b>Offertory</b>	<i>"The Lord's My Shepherd"</i> Mark Holmstrom	<i>Rodger Kalbfleisch</i>
<b>Prayer of Dedication</b>		
<b>Scripture Reading</b>	Ephesians 4:26-32; Romans 12:17-21	
<b>Sermon</b>	<i>"Anger Management, Jesus Style"</i>	<i>Rev. Dr. Elbert Kim</i>
<b>Communion Song</b>	<i>"You Satisfy the Hungry Heart"</i>	<i>UMH #629</i>
<b>Holy Communion</b>	<i>All are welcome to participate in Holy Communion. In our Methodist tradition, we observe open communion which means all people are welcome to the table. You do not need to be baptized or be a professing member of the church. We celebrate God's grace that is freely given to all people.</i>	
<b>*Closing Song</b>	<i>"More Like You"</i>	<i>FWS #2167</i>
<b>Benediction</b>		
<b>Postlude</b>	<i>"Jesu, Joy of Man's Desiring"</i> J.S. Bach/Arr. E. Power Biggs	

*\* Please stand as you are able*

## Center of Prayer

### IN SYMPATHY:

**Todd Distin** – Son of **Jan Everett**, passed away in Idaho on Sunday, Jan. 18. Condolences can be sent to Jan and family. Please call church office for address.

### IN PRAYER:

**Joy Hart** – Currently dealing with weakness. Expected to move from Atria.

**Julene O'Donnell** – Long-time member, in declining health, at home on hospice.

**Julie Parmelee** – For husband, **Arnold**, with non-healing wounds on his legs.

**Nancy Rogers** – Recuperating at home after rehab at Alta. Visitors welcomed.

**Carol Spracklen** – At PVH for tests and observation.

*Pick up a "Yellow Sheet" from the office for a complete list of prayers.*

*Camarillo United Methodist Church  
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Email: [office@CamarilloUMC.org](mailto:office@CamarilloUMC.org)*

*Office hours: Mon-Thurs, 9am – 2pm  
Worship on Sundays, 9:15am*

*Website: [CamarilloUMC.org](http://CamarilloUMC.org)*

