

## The Ten Commandments



On this final Sunday of Ordinary Time, before the First Sunday of Lent next weekend, we are presented with the Ten Commandments.

Ten ways to inner freedom & peace in this life and eternal bliss in the life to come.

Keeping them or breaking them is our own free decision but with all free choices, we are fully responsible for the consequences of our actions, or as the Lord puts it in the Gospel today, we will be 'liable to judgement'. In that judgement we will receive what we deserve, and today's Gospel says we will have to pay the last penny of our debt, which is of course Purgatory.

In considering the Ten Commandments the Lord says we must think outside of the box: 'if you look with lustful intent, you have already committed adultery'.

When we use the Commandments to examine our conscience we must think outside of the box – which is something we will do during the Penitential Rite at Mass this Lent.

**This Wednesday is Ash Wednesday and Mass will be at 7pm.**

**What three things will you be promising the Lord this year?**

FROM  
**Community**  
TO  
**Communion**

### Parish Mission:

We are here to make Jesus in the Blessed Sacrament better known, loved honoured, worshiped & adored. All of our efforts in this parish will be geared towards helping every individual discover the Lord who is waiting for them to approach Him in the tabernacle.



## Holy Mass Times

Mon	10:00am
Tues	7:00pm
Wed	07:30am
Fri	12 Noon
Sat	6:00pm (Vigil)
Sun	10:00am

## Confession Times

Tues	6:00pm
Fri	11.00am
Sat	5:00pm

Or 30mins before any Mass



## Adoration Times:

Tues 6.00pm

Fri 11am

Sat 5pm

# February 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 Candlemas The end of Christmastide	3 	4 First Wednesday Prayers	5	6 	7 CHESS 11am  Quiz 7:30pm
8 5 <sup>th</sup> Sunday Ordinary Time	9 		11	12	13 	14 
15 6 <sup>th</sup> Sunday Ordinary Time	16 	17	18 <b>ASH WEDNESDAY</b>	19 Thursday after Ash Wednesday	20 	21 Saturday after Ash Wednesday
22 1 <sup>st</sup> Sunday of Lent	23 First Week of Lent	24 First Week of Lent	25 First Week of Lent	26 First Week of Lent	27 	28 First Week of Lent

**Lent Programme Begins**

## Dates / Events coming up:

18 <sup>th</sup> February	Ash Wednesday
22 <sup>nd</sup> February	Lent Prayer and Praise: 5pm on Sundays begins
7 <sup>th</sup> March	St Patricks Quiz Night
29 <sup>th</sup> March	PASSION SUNDAY – the Beginning of Holy Week
31 <sup>st</sup> March	Chrism Mass 10am St John’s Cathedral Portsmouth
2 <sup>nd</sup> April	Maundy Thursday
3 <sup>rd</sup> April	Good Friday
4 <sup>th</sup> April	Święconka: Blessing of the food baskets 10am Easter Vigil Mass 8pm
5 <sup>th</sup> April	Easter Sunday
6 <sup>th</sup> April	Easter Monday family fun day

## Supporting the Parish:

Account Name: CDP BORDON SACRED HEART  
Sort Code: 30-93-04 Account Number: 01755138

[www.sacredheartbordon.co.uk](http://www.sacredheartbordon.co.uk)

### New Readers

We have a fantastic team of Readers here in the Parish. If you would like to join the Rota, please let Fr John know. There will be a short training session on Saturday 28<sup>th</sup> Feb at 11am.

### Gardening Team

Susan has issued the latest Gardening Newsletter. If you didn't receive a copy, please let her know.

### Confirmation Session

We meet again after Mass this Sunday.

### Baptism this Saturday

Please pray for Baby Anne who will be baptised this weekend.

# FIND FREEDOM HEALING PEACE

It's time to allow God to help you



SACRED HEART CHURCH BORDON

SUNDAYS 5PM

Chess club  
First Saturday  
11am

Quiz Night  
First Saturday  
7:30pm

Parish Pipe  
Band  
Thursdays  
7pm

Coffee: Mon,  
Wed & Fri 8am  
-10am

## Ash Wednesday 18<sup>th</sup> Feb

We focus on our Prayer, Fasting and Charitable Activity for 40 days and nights.

## What are you going to do this Lent?

### Things to do this Lent in the Parish:

Monday: Bible Study 10:45am  
Tuesday: Adult Formation 7:45pm  
Wednesday: Early Mass 0730am  
Friday: Soup Fast Day 12:45pm  
Saturday: Outdoor Stations 10:15am  
Sunday: Prayer and Praise 5pm

Soups  
Every Friday  
12:30pm

Gardening  
Team  
Saturdays

Community  
Pantry  
Mon: 8am-  
10am and  
12noon -2pm,  
Wed: 8am –  
9:30am  
Fri: 8am –  
10am and  
12:45pm – 2pm





## Another huge success!

Our thanks to Cecilia for organising another fantastic Quiz Night last Saturday evening, in honour of St Valentine. The hall was full to capacity again and it is always so much fun!

On 7<sup>th</sup> March at 7:30pm we will have a St Patrick's Quiz. As usual: £3.50 entry fee which will include food at half time. In March it will be stew and mashed potatoes. The Bar is £3.50 per pint of beer or £3.50 for a glass of wine.

**ALL WELCOME**

Please email Fr John to book a table

7:30pm – 9:30pm



## TIME TO RETURN PALM BRANCHES

The Ashes we receive on Ash Wednesday are made from burning the Palms blessed last year on Palm Sunday. Please return your palms this weekend!





# Lent

Pray, Fast, Serve

Lent is an attitude. It is a different way of approaching life for 40 days and 40 nights.

It's a time of self-denial, self-restraint and self-control. We test the self in three ways: Prayer, Fasting and Almsgiving.

Prayer is time given back to God. Fasting is denying the self something. Almsgiving is doing charitable acts for others – not paying other people to do the acts for you!

Lent is the opportunity to strengthen our will, to appreciate things we usually take for granted, to learn to serve God and our neighbour instead of expecting them to serve us.

By growing in self-control, we become strong enough to resist temptation and, therefore, conquer sin.

If we allow God to grace all of our actions and endeavours this Lent then we will grow in virtue and holiness and our relationship with the Lord will deepen.

All of this is reflected in the Liturgy during Lent. There will be some changes during Mass:

- Purple vestments = Penitential Time
- We kneel for the Penitential Rite
- We sing the Kyrie
- We will take a commandment each week to use to examine our conscience
- There is no Gloria
- We do not sing the 'Alleluia'
- There will be no flowers in the church

These minor, yet symbolic changes help to remind us that Lent is not a box-ticking exercise, but an attitude shift, a different way of approaching life. We give up things we enjoy, and we enter the desert with the Lord.

We do not have Baptisms or Weddings during Lent. We do not go on holiday or the theatre or dine out during Lent. We restrain the self and then, once Lent is over, we appreciate all those things we missed all the more!

One thing we must do is Confess our sins. No one is without sin, no matter how good we think we are. In fact, confession is about wanting to be the best version of the self we possibly can be and by wanting that improvement we notice our flaws.

Confession insures we are in a state of grace – in right relationship with the Blessed Trinity, with God the Holy Spirit dwelling within us.



**Holy Baptism**  
Preparation courses run throughout the year (outside of Lent)

**Confirmation**  
our next session will be on **Sunday 15<sup>th</sup> February** after Mass

**Holy Communion**  
our next Preparation Programme will begin on Saturday **21<sup>st</sup> Feb 2026**

**Confession**  
**Tues 6pm**  
**Fri 11am**  
**Sat 5pm**  
or 30mins before any Mass

**Holy Matrimony**  
It takes at least one year to prepare for marriage

**Holy Orders**  
we should all consider whether God is calling us for service in His Church

**Last Rites**  
As soon as there is a danger to life, a priest must be called



**Family learning from the Catechism:**

**Just before Lent, the Gospel reminds us of the Ten Commandments to help us to prepare:**

**2056** The word "Decalogue" means literally "ten words." God revealed these "ten words" to his people on the holy mountain. They were written "with the finger of God," unlike the other commandments written by Moses. They are pre-eminently the words of God. They are handed on to us in the books of Exodus and Deuteronomy. Beginning with the Old Testament, the sacred books refer to the "ten words," but it is in the New Covenant in Jesus Christ that their full meaning will be revealed.

**2057** The Decalogue must first be understood in the context of the Exodus, God's great liberating event at the centre of the Old Covenant. Whether formulated as negative commandments, prohibitions, or as positive precepts such as: "Honor your father and mother," the "ten words" point out the conditions of a life freed from the slavery of sin. the Decalogue is a path of life:

If you love the LORD your God, by walking in his ways, and by keeping his commandments and his statutes and his ordinances, then you shall live and multiply.

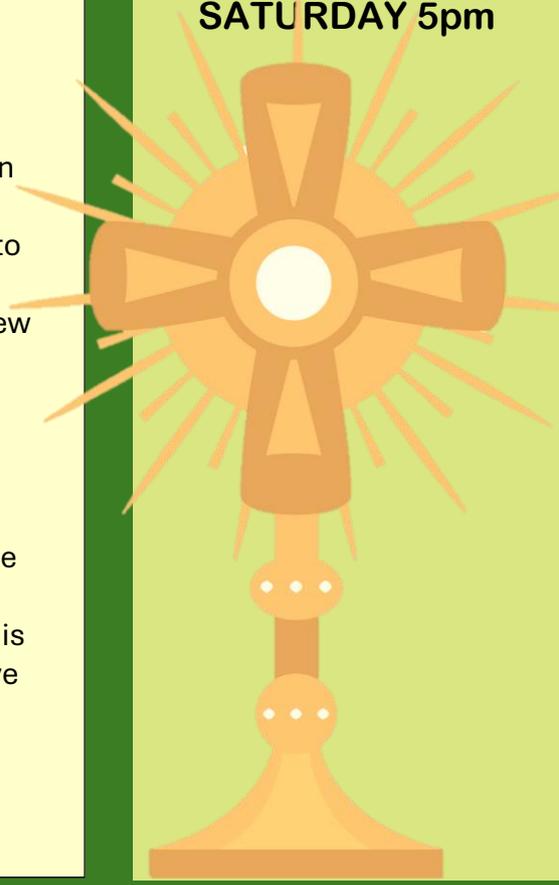
This liberating power of the Decalogue appears, for example, in the commandment about the sabbath rest, directed also to foreigners and slaves.

**Times when we can adore the Lord in the Blessed Sacrament:**

**TUESDAY 6pm**

**FRIDAY 11am**

**SATURDAY 5pm**



**The church is open every day from 9am – 7pm for private prayer**

**How long have you spent in prayer this week?**

## Saturday 14<sup>th</sup> February

6<sup>th</sup> Sunday in Ordinary Time, (Vigil)

Joyful Mysteries

Dedicated to the Blessed Virgin Mary

Confessions: 5:00pm - 5:40pm

Adoration: 5:00pm

Holy Mass: (Sunday Vigil) 6:00pm Alice Rose Foster RIP

## Sunday 15<sup>th</sup> February

6<sup>th</sup> Sunday in Ordinary Time,

Glorious Mysteries

Dedicated to the Resurrection

Holy Mass: 10:00am Dec'd family & Friends of Lees & Rogerson Families RIP

## Monday 16<sup>th</sup> February

6<sup>th</sup> Week in Ordinary Time

Joyful Mysteries

Dedicated to the Holy Souls

Holy Mass 10:00am David White RIP

## Tuesday 17<sup>th</sup> February

Shrove Tuesday

Glorious Mysteries

Dedicated to the Holy Angels

Confessions: 6:00pm - 6:40pm

Adoration: 6:00pm

Holy Mass: 7:00pm Ryszard & Regina Bagienko RIP [N]

## Wednesday 18<sup>th</sup> February

ASH WEDNESDAY

Sorrowful Mysteries

Dedicated to St Joseph

Holy Mass: 7:00pm People of the Parish

## Friday 20<sup>th</sup> February

Friday after Ash Wednesday

Sorrowful Mysteries

Dedicated to the Cross

Confessions: 11:00am - 11:40am

Adoration: 11:00am

Holy Mass: 12 noon Ernesto Quilingan RIP [N]

## Saturday 21<sup>st</sup> February

First Sunday in Lent (VIGIL MASS)

Joyful Mysteries

Dedicated to the Blessed Virgin Mary

Confessions: 5:00pm - 5:40pm

Adoration: 5:00pm

Holy Mass: 6:00pm DJ, MV and JH Murphy RIP [N]

**Sacred Heart Catholic church, High Street, Bordon. GU35 0AU**