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ANNA: A DIFFERENT KIND OF SERVANT

article by Dr. Rebecca Polis

SCHOOL OF THE
SHEPHERDS
NEW AFFILIATES
MEN'S CONFERENCE

COVER PICTURE: Dr. John at Bungoma
Youth Conference with 3000 Youth

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ANNA

A Different Kind Of Servant



by Dr. Rebecca Polis



Luke 2:36-37 NKJV Now there was one, Anna, a prophetess, the daughter of Phanuel, of the tribe of Asher. She was of a great age, and had lived with a husband seven years from her virginity; 37 and this woman was a widow of about eighty-four years, who did not depart from the temple, but served God with fastings and prayers night and day.

"Serving" is often thought of in physical terms, such as cleaning, caring for people or even serving God by preaching and teaching. Anna was one who "served" God through prayer and fastings both night and day. This definitely revealed her lifestyle relationship with Him. I believe this prayer and fasting brought an empowerment that enabled her to recognize the "new season" or the "new move of God" in its embryonic stage.

Most of us maintain a fairly good service to God in our prayer life. Please notice that Anna served God also with fastings (plural). The Bible gives us a variety of examples where fasting was used to bring added results to lives. Although these examples may not directly say that fasting was com-

bined with prayer, it is evident that it was, otherwise the fasting would have counted only as dieting in the eyes of God.

Often these fastings were done for reasons that are not considered today. For example: King Darius in **Daniel 6:18-20** fasted because of the extreme anxiety he was suffering while Daniel was in the lion's den. He did not medicate his anxiety but instead refrained from eating at that time. This could help today in times of anxiety for it could help us to center our attention upon the Lord and place hope and faith in Him. Moses, in **Deuteronomy 9:18** as a leader of God's people who were doing evil in the eyes of the Lord and provoking Him to anger, fell prostrate before the Lord, ate no food for 40 days and nights with the result: **"And the Lord listened to me"**. He also prayed for Aaron whom the Lord was angry enough with to destroy. What an example for us today as we often must deal with frustration in trying to bring God's people to their greatest potential.

Ezra, in **Ezra 8:21** fasted and prayed for guidance and protection as they traveled with children

and many financial possessions. King Jehoshaphat, in **1 Chronicles 20:3** was afraid (in terror) because of the threat of his enemies, but **"turned his attention to seek the Lord, and proclaimed a fast throughout all Judah"**. The result was a prophetic word that gave encouragement and direction on how to fight the battle and the assurance of victory.

In **Daniel 9:2-4**, Daniel perceives in the scripture, the season that Jerusalem is about to enter and says, **"I gave my attention to the Lord God to seek Him by prayer and supplications with fasting, sackcloth and ashes."** The result was a visitation by an angelic being who gave Daniel insight and understanding. There are times when the Holy Spirit might enlighten us to a window of opportunity which is for that season only and we, as Daniel, might find it of great help to give ourselves to fasting and prayer in order that we might cooperate with God during that season to further His purposes.

In **Acts 13:2**, we see the church leadership in Antioch ministering to the Lord and fasting. It was during this time that the Holy

Spirit spoke to let them know who was to be set apart and sent out to do that which He had prepared for them to do. This is an example for leaders today as God is desiring that we be able to recognize those leaders whose job descriptions he may be changing. He also wants us to be able to see and train upcoming people whom our eyes have been blind to in times past. Of course, we will always have those coming to our ministries who are bound in wickedness, yoked with iniquity and oppressed (bruised and crushed). In

Isaiah 58:6 we see that the proper fast can loosen, free and break these things off of people. Often another sermon is not the answer, hours of counseling is not the answer. The requirement is prayer coupled with the power of fasting. This allows our voice to be heard on high in a greater dimension.

Jesus, in **Matthew 6:16** did not say "if" you fast, but "when" you fast; indicating that fasting should be a part of every believers life (even as the rest of the chapter

says "when you pray" and "when you give alms"). **Fasting brings a greater focus and dependency upon God to our lives and enables Him to bring to us insight, wisdom and delivering power both for ourselves and for others!** Anna served God in a different way than most would choose, but I believe God is challenging us today to serve Him more in this way. The result will be: **Fasting combined with our prayers will serve to bring us into a more supernatural life of victory for God!**

AFFILIATE NEWS



Congratulations Dr. Doug and Ettica Sands on your 20th Anniversary of the founding of Oasis Worship Center, Nutter Fort, WV



Welcome to Richard and Lauren Doron of **First Love Ministry** located in New Jersey. Richard is a seasoned minister with pastoral and marketplace experience. Welcome to the family of RFI! firstloveministrynj.com



253 Pastors, Bishops, and Apostles joined Dr. John and Ps. Tim at the Sirikwa Hotel, Eldoret, Kenya in October, 2025. Tim ministered on "Leading with a towel and not a title". Dr. John preached The Elijah Anointing message with great impartation. The Eldoret Pastors Fellowship in collaboration with the RFIK leadership team is planning a national conference in May, 2026 hosted by John Polis Global Ministries. The expected attendance will range from 800 to 1200 church leaders. Please pray for this important meeting entitled Apostolic Strategy For Increase. Any financial contribution for the expenses of the meeting will be appreciated and can be received on rfiusa.org. Great things are happening through our African missions.



Congratulations to Dr. Toni Harrington, founder of **Seated in HIM Ministries**, Burgettstown, PA. Toni is a graduate of Restoration College International and an anointed teacher of the Word. Welcome to the family of RFI!

APOSTOLIC STRATEGIES FOR

INCREASE

INCREASE IN THE MARKETPLACE AND THE CHURCH

FEBRUARY 28TH | 9AM-4PM

HEAR FROM

ANTHONY J.
YOUNGDR. SAMUEL
HAYESMICHAEL J.
GREIDERWORSHIP
WITH
THOMAS
WALKERREGISTRATION FOR SOS
\$129/Group or \$19/individualREGISTRATION FOR
MARKETPLACE LUNCH
WITH ANTHONY YOUNG
\$28/individual | 50 seat maxNo lunch or childcare provided
rfiusa.org/eventsALSO! FRIDAY, FEBRUARY 27TH MIRACLE SERVICE
@ 7PM WITH DR. JOHN POLISFRIDAY AND SATURDAY ARE BOTH HELD AT
THE BRIDGEPORT CONFERENCE CENTER
300 Conference Center Way, Bridgeport, WV 26330

IRON MEN RUNNING WITH LIONS

SATURDAY, MARCH 28TH | 9-3PM
FREE EVENT FOR MENGo to faithchurchtv.net to register and reserve your seat today.

KEYNOTE SPEAKER: CAPTAIN JOHN M. ARROYO

Captain John M. Arroyo U.S. Army (Ret.) lives in Burleson, Texas, with his wife Angel and travels extensively speaking at churches, military installations, civic centers, and schools. His message about resiliency in the face of overwhelming odds has resonated with all of his audiences, and he is a much sought after speaker.

HE IS THE AUTHOR OF: ATTACKED AT HOME

A true story of a Green Beret's Survival Story at the Fort Hood Shooting. Check out this excerpt from his book. *"The moment I was shot, I froze in disbelief. I wasn't sure what had just happened, I remember thinking, 'Am I shot?' I didn't feel any pain, but the impact felt as if I was hit in the chest with a baseball bat. However, instantly, my worst fears were confirmed when I saw massive amounts of bright red blood flowing through my fingers and down my chest."*



ALSO HEAR FROM

DR. DEREK
HOLBERTCPL ISAAC
HARMONPS. TIMOTHY
POLIS
WV State TroopersHELD AT FAITH CHURCH INTERNATIONAL
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